



International Council of Sport Science and Physical Education

Annual Report 2021



ICSSPE

 **ICSSPE** is a leader of
the global movement educating for
sustainable quality of life for all
through physical activity and sport.

Imprint

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About ICSSPE

Vision

ICSSPE is a leader of the global movement educating for sustainable quality of life for all through physical activity and sport.

Mission

The mission of ICSSPE is to:

- Integrate research to enhance physical activity and sport.
- Educate for improved quality of life and health for all people through physical activity and sport.
- Promote policies for active lifestyles, human performances and good governance in physical activity and sport.

ICSSPE strives to accomplish its mission using the three pillars of science, education and policy.

Values

In pursuance of its mission and strategic goals ICSSPE shall abide by the principles of

- Inclusion,
- Reliability,
- Cooperation,
- Transparency,
- Accountability, and
- Equality.

Legal Status

ICSSPE is a registered non-profit organisation under German law listed at the Court of Registration in Berlin-Charlottenburg. Donations to ICSSPE are tax deductible.



Letter from the President



Dear partners, members and friends of the International Council of Sport Science and Physical Education,

We are very excited to present our 2021 Annual Report to you, which reflects another busy year for ICSSPE and a year with joint creative responses to the impact of the pandemic.

Despite concerns and challenges due to Covid-19, we look back with gratitude as we were able to complete various activities successfully:

The results of the General Assembly in May 2021 led to a Strategic Plan and a Biennial Working Programme, which puts ICSSPE into the front row of actors, linking sport with climate change and demographic developments. We thank our members for the visionary decisions and are looking forward to further developing project proposals in the context of the Biennial Working Programme Grant and other upcoming activities.

The General Assembly also led to a new composition of the Executive Board and the Development Committee. Once more, our thanks go to all volunteers on the previous Board and on the Committee, for the years of committed work and we are looking forward to continuing progressing our strategic vision with the newly elected Executive.

The Board and Committee members started their work soon after the General Assembly and the project chapter in this report, as well as the Resource Section on the ICSSPE website, reflect the work ICSSPE and its project partners developed over the past months.

We thank you, our members, and partners for the ongoing support with a special thank you going to our major funding partners, the City of Berlin, the International Olympic Committee and the Federal Ministry of the Interior and Community, Germany. Their confidence in our work has led to a long-standing and rewarding relationship, allowing us to work towards fulfilling our mission and developing and using sport to shape our society and improve the quality of life of people globally.

Dr Uri Schaefer
President

Message from ICSSPE Partners

Senate Department for the Interior, Digitalisation and Sport, Berlin



Dear Dr Schaefer, dear Members of the International Council of Sport Science and Physical Education,

On behalf of the Senate of Berlin, I would like to congratulate you on your achievements and the projects you delivered throughout 2021 and as presented here in your 2021 Annual Report.

2021 was a challenging year for all of us, especially in sport, and it is important that organisations like ICSSPE keep emphasising the vital role sport and physical activity play in society in general as well as in our city, in education, policy development and in the healthy upbringing of our children.

Berlin is not only Germany's No.1 sports city, but also one of the most recognised sports metropolises in the world. The city offers a wide range of sporting activities, from children's and youth sport to popular sport in its many forms, including high performance and top-level and sport and a wide range of sporting events throughout the year. I would like to express our gratitude to ICSSPE for spreading this message using its international professional networks and channels.

Our aim is to not only maintain this position but to build on it. For that, the further development of our sport facilities, events, and participation opportunities for all members of society will be key. Moving ahead, the focus will be on more sport in more places around the city and the further development of our cities into safe active spaces.

Like ICSSPE, the city of Berlin is committed to the goal of "Sport for all" and your international research and insights have proven valuable as we work on achieving these goals, while overcoming the challenges the pandemic has thrown at us.

The Senate Department for the Interior, Digitalisation and Sport, Berlin wishes ICSSPE and its members all the best for the tasks ahead and for the further implementation of the Strategic Plan 2021–2024.

We hope to see you at one of our many sporting events around the city, the Berlin Marathon, various international championships and the Special Olympics World Games 2023.

Dr Nicola Böcker-Giannini

State Secretary for Sport
in the Senate Department for the Interior,
Digitalisation and Sport, Berlin

Federal Ministry of the Interior and Community, Germany (BMI)



The International Council of Sport Science and Physical Education (ICSSPE) aims at maintaining an inclusive perspective on the different disciplines of sport, sport science and physical education and at fostering collaboration amongst them. ICSSPE furthermore brings together a wide range of scientific and professional sports organisations, enables interdisciplinary collaboration and provides an important platform for the exchange of research and international cooperation. Sport can build bridges and so can ICSSPE.

ICSSPE has worked for many years with the German Federal Ministry of the Interior and Community (BMI) on a wide range of international sports policy issues. The expertise and international networking capacities are used for the development and expansion of international contacts. In addition, ICSSPE has been carrying out sports policy and sports-related projects, especially in connection with ERASMUS+ projects within the scope of its competencies and tasks and hereby has been guided by the principles of inclusion, reliability, cooperation and equality.

ICSSPE is a global player in various aspects of sports, working in many countries with some 150 members worldwide to promote sports for all and thus contributing to international understanding. I thank ICSSPE for the valuable collaboration of the last years and wish ICSSPE continued success in carrying out its mission to foster the values of sport, especially in the aftermath of a pandemic when the promotion of sports on all levels of society will be more important than ever.

Dr Friederike Zedler
On behalf of the Directorate-General for Sports
Federal Ministry of the Interior and Community of Germany

Message from the International Olympic Committee



The International Olympic Committee (IOC) and the International Council of Sport Science and Physical Education (ICSSPE) have enjoyed a longstanding relationship and valuable cooperation over many years.

We are driven by common goals and values with the aim to encourage and support good governance in sport, education of youth through sport, the development of sport for all as well as gender equality and sustainable development. ICSSPE's expertise and involvement in a variety of international projects have been pivotal in developing and promoting these goals in the worldwide sports movement.

In 2021, ICSSPE continued to make valuable contributions to the professional discussion around the importance of sport and physical activity for personal and public health, including the development of coaching policies and regulations, and creating opportunities for women in coaching as well as the development of a framework for humane, inclusive, and empowering coaching that nurtures good mental health.

ICSSPE have also supported the development of club material to support inclusion and diversity in grassroots sports for children and the publication of a Massive Open Online Course for clubs to gain insight into best innovative practices, to help reverse declining club sports participation. Legacy, education partnerships, as well as integrity in sport have been another key focus.

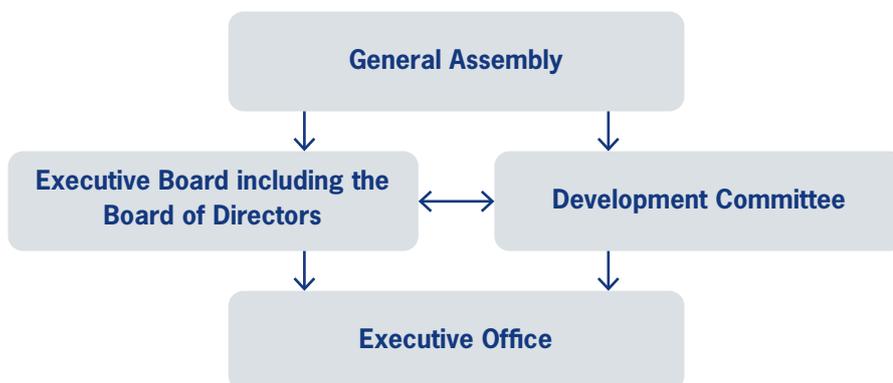
The IOC continues to support ICSSPE's initiatives and commends the achievements made throughout the year and the goals set in the Strategic Plan and Biennial Working Programme.

The IOC is counting on ICSSPE as a partner in our joint quest to promote and strengthen the role of physical activity, physical education, and sport in society with the aim to achieve a good and sustainable quality of life for all.

Dr Richard Budgett
IOC Medical and Scientific Director

ICSSPE Structure and Governance

Structure



ICSSPE is a membership-driven organisation. The organisation's decision-making organ is the General Assembly, which is comprised of ICSSPE members.

Governing Bodies and General Assembly 2021

ICSSPE's governing bodies consist of the Executive Board and the Development Committee.

Both bodies were elected by the 30th General Assembly on 12 May 2021, which was postponed from 2020 due to the pandemic. Close to 100 members participated in ICSSPE's first online General Assembly with all continents represented.

The Executive Board and the Development Committee are composed of the following delegates:

New Executive Board

Dr Uri Schaefer, President, Israel.

Prof. Dr Annette Hofmann, Vice President, Germany.

Prof. Dr Cesar Torres, Vice President, USA.

Dr Jari Kanerva, Treasurer, Finland.

Prof. Dr Maria Beatriz Rocha Ferreira, International Association for Physical Education and Sport for Girls and Women, Brazil.

Dr Gerald Fritz, German Olympic Academy Willi Daume, Germany.

Martin Holzweg, European Physical Education Association, Germany.

Prof. Dr David Legg, International Federation of Adapted Physical Activity, Canada.

Katongo Moonga Bwalya, National Organisation for Women in Sport, Physical Activity and Recreation, Zambia.

Dr Sandra Heck, European Physical Education Association, Luxemburg stayed on the board, after her term began in 2019.

The Executive Board monitors the administrative and business affairs of the Council between General Assemblies and is responsible for implementing their decisions. It adopts any measure needed to facilitate the successful outcome of the Council's activities, in particular in relation to the Biennial Working Programmes.

The President, two Vice-Presidents, the Treasurer and the five newly elected members will serve on the Board for a four-year period (2021–2025).

President Dr Uri Schaefer was re-elected for a second term, following his first election as ICSSPE President in 2016.

New Development Committee

Chair: Prof. Dr Annette Hofmann, German Gymnastics Federation, Vice President, Germany.

Prof. Dr Mauricio de Arruda Campos, International Federation of Bodybuilding and Fitness, Brazil.

Dr Claire Boursier, MOOVEN, France.

Dr Verena Burk, International University Sports Federation, Germany.

Prof. Dr Ruth Crabtree, World Association for Sport Management, UK.

Dr Maria Dinold, International Federation of Adapted Physical Activity, Austria.

Prof. Dr Stefka Djobova, National Sports Academy “Vassil Levski”, Bulgaria.

Dr Usha Nair, Lakshmibai National College of Physical Education, India.

Prof. Dr Mickey Scheinowitz, Tel Aviv University, Israel.

Prof. Dr Junko Tahara, Japanese Society for Physical Education, Health and Sport Sciences, Japan.

The Development Committee is a forum for interdisciplinary exchange and cooperation that is charged with developing and enhancing ICSSPE's profile.

It promotes ICSSPE's vision and activities to the members of ICSSPE and its partners at large. It is responsible for the quality and the standard of ICSSPE's programmes and activities and develops the Biennial Working Programme of the organisation.



ICSSPE Executive Board, Development Committee & Staff – from left to right:

Front Row: Jari Kanerva, Katongo Moonga Bwala, Cesar Torres, Stefka Djobova, Claire Boursier, Andrea Blume, Pascal Camara;

Middle Row: Wolfgang Baumann, Annette Hofmann, Maria Dinold, Gudrun Doll-Tepfer, Uri Schaefer, Gerald Fritz, Cora Zillich, Mickey Scheinowitz;

Back Row: David Legg, Detlef Dumon

We Design Our Programmes Based on Solid Ethical Standards

Good Governance

As part of the implementation of the Strategic and Business Plan 2021 to 2024, the 2021 General Assembly adopted a new Code of Ethics and a Code of Conduct, further strengthening ICSSPE's overall Governance structure and thus underlining its reliability and accountability as an organisation in general and project partner specifically.

The Code of Conduct is composed of various policies and instructions for action. These include office management measures, conflict resolution mechanisms, grievance procedures, sexual harassment procedures and gender equality measures. A whistleblowing platform guaranteeing anonymity was also established. The Executive Board regularly reviews the effectiveness of these measures, acting as required.

Gender equality in the planning and implementation of all activities is a prerequisite with the further promotion and strengthening of girls and women an essential part of all ICSSPE projects and endeavours.

Several governance documents as part of the Code of Conduct regulate the protection or advancement of women. Amongst others, ICSSPE membership requires organisations who are applying for membership to have gender equality policies in place that allow women and girls to participate and take on leadership roles in the organisations.

In addition to the Statutes, the Codes of Ethics and Conduct, and the Bylaws, there are rules for a safe, effective and efficient sustainable working environment, including an anti-corruption and an anti-doping clause.

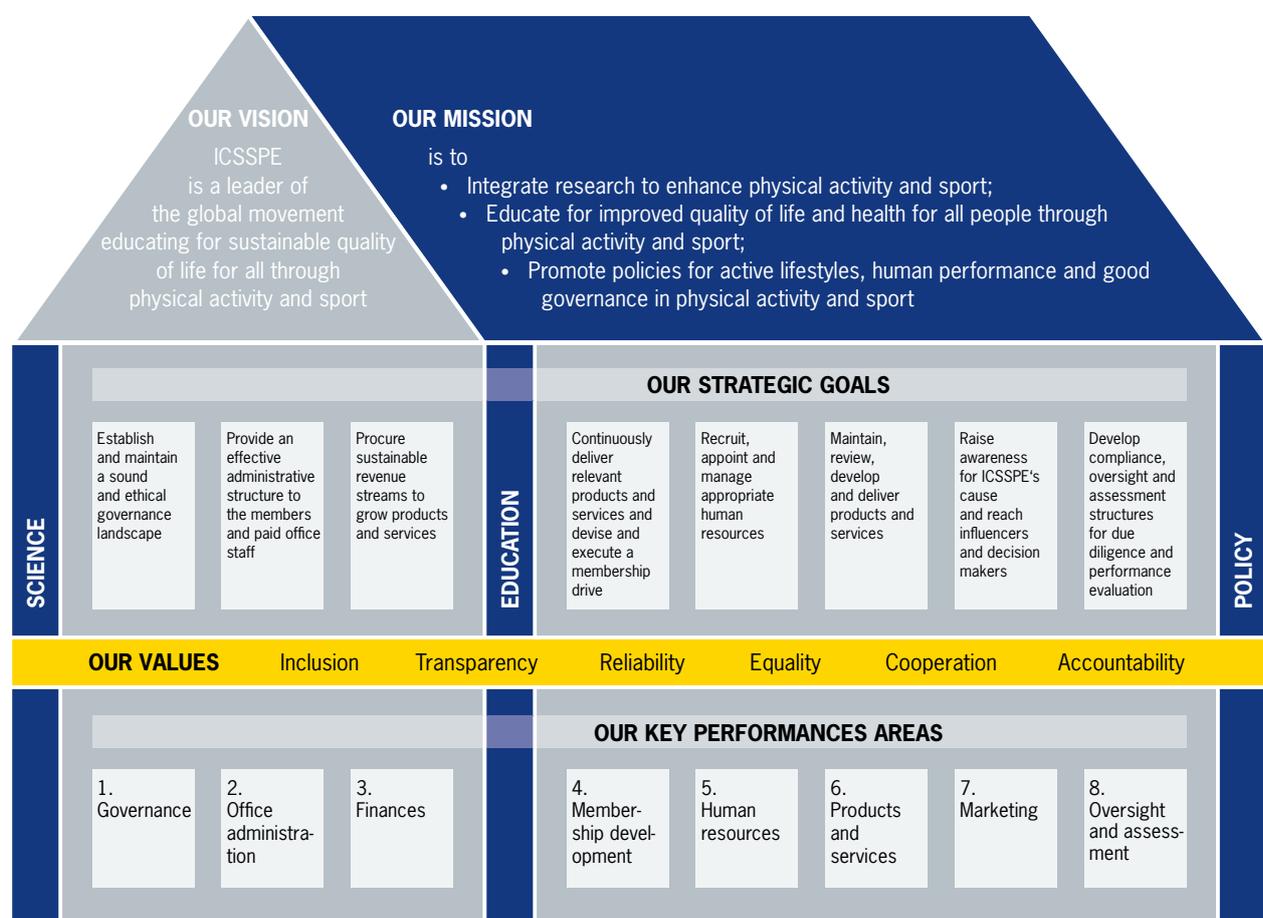


We Want to Help Protecting Our World

ICSSPE's Strategic Plan 2021–2024

The world and us, its inhabitants, are facing enormous challenges, climate change, wars and diseases require our prompt and responsible action. We at ICSSPE understand that we need to adapt our activities to these developments.

In 2021, our activities have been based on the 2021–2024 strategic plan that outlines eight Key Performance Areas. The plan is visualised as a Strategic House and provides transparent and valuable guidance for members and partners regarding ICSSPE's goals, procedures, as well as products and services and other key performance areas.



The strategic plan was signed off by the General Assembly in May 2021.

The Contribution of Sport to Climate Change

ICSSPE Biennial Working Programme 2022–23

In addition to the Strategic Plan, ICSSPE delegates during the 2021 General Assembly adopted a biennial working programme for the years 2022 and 2023.

The main objective and overall topic of this programme is to support *Sustainability in and through Sports, Physical Activity and Physical Education*. It acknowledges ongoing activities on global and regional, as well as on governmental, non-governmental and inter-governmental levels for a sustainable development. Identified priority areas are Urbanisation, Demographic developments, Climate change, Resource pressure, and Green technology.

In this framework a number of projects are being conducted, among others research activities, the collection or production of resources or content for education purposes, the development of new frameworks for policy development, etc. All results, research findings, resources, education material or policy recommendations may be used by ICSSPE and its members for delivery and policy making in a variety of international contexts.

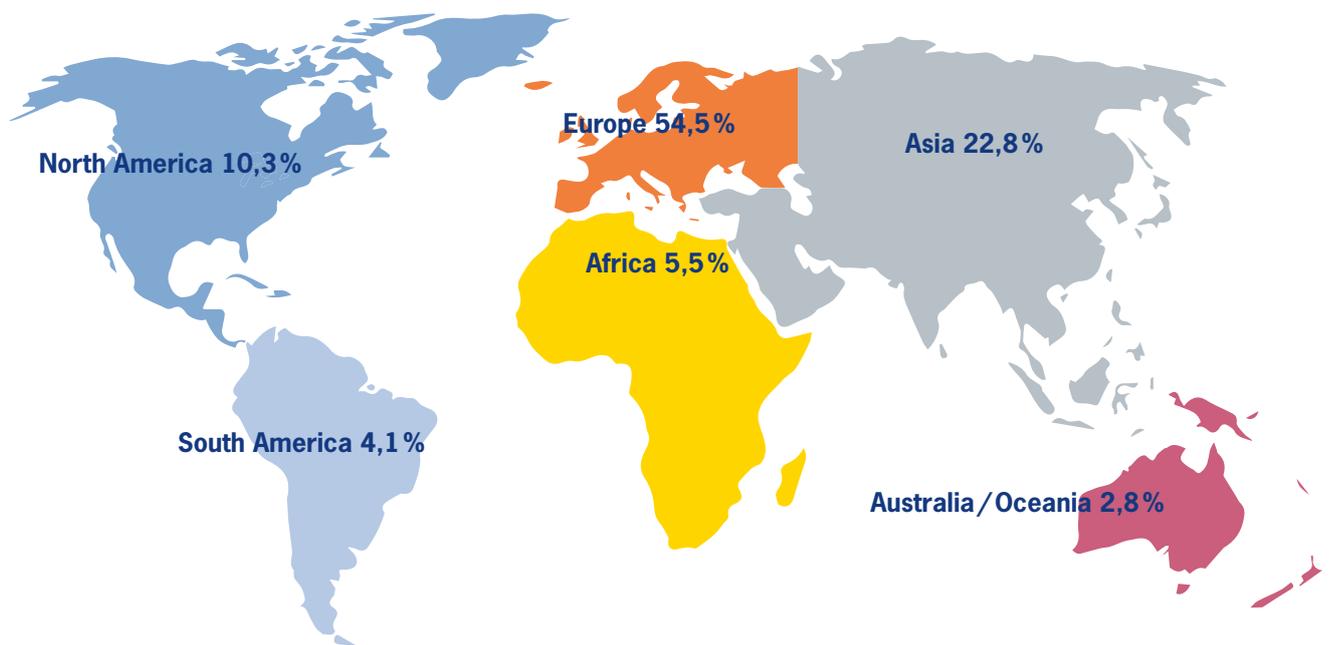


Working Together for More Physical Activity and Sustainable Sport

ICSSPE Membership at a Glance

Total members as of 31.12.2021: **149**

(+ 10 new members in 2021)



Benefits of ICSSPE Membership

At the heart of all ICSSPE activities are its members. They are part of a large network comprising 149 national and international, governmental, non-governmental organisations and institutions of sport, sport science and physical education.

They cooperate with colleagues in the fields of sports science, policy and physical education and jointly design activities such as research and policy development projects as well as education. Through their membership, they also make use of ICSSPE's members' knowledge and networks for their own projects.

Member organisations use their membership to:

- Participate in international projects and policy development of international relevance.
- Promote knowledge transfer and interdisciplinary exchange on relevant research results, innovations and publications.
- Publish relevant sport science, policy, and physical education topics, research and project results in collaboration with other members.
- Increase their visibility, e.g., through ICSSPE patronage.
- Increase income sources through joint project development.

ICSSPE Expert Directory

ICSSPE members showcase their services and competences in ICSSPE's Expert Directory. The Directory serves as an excellent tool to find expertise and competencies among ICSSPE member organisations as well as project and cooperation partners.

Membership

Membership fees vary depending on the type of organisation:

- Governmental sport, health and education authorities: € 450 p. a.
- Non-governmental sport organisations: € 270 p. a.
- Scientific and educational organisations and institutions: € 270 p. a.

Download the ICSSPE Membership Application form here:

<https://bit.ly/ICSSPEMembershipForm>

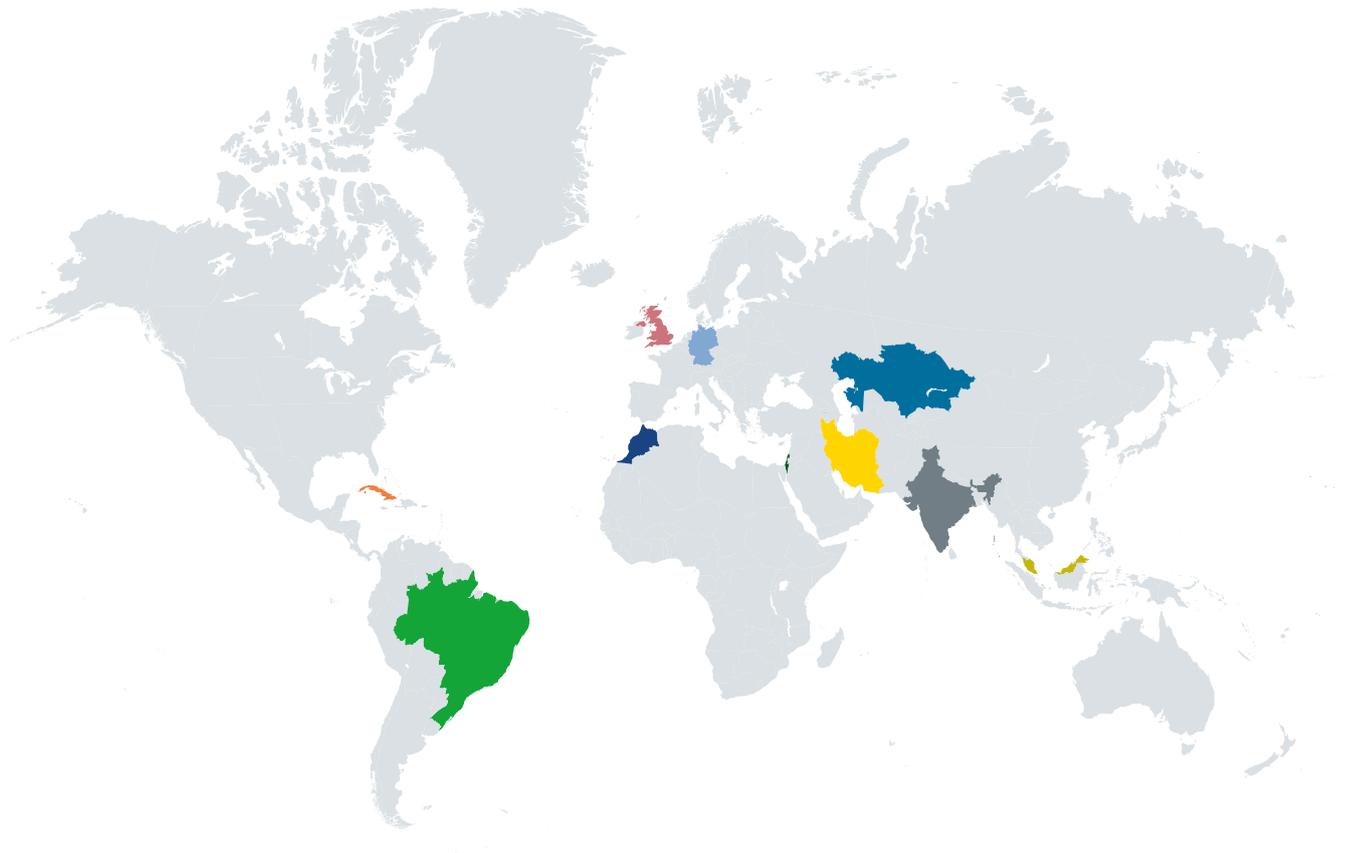


New Members 2021

In 2021, ICSSPE welcomed 10 organisations and institutes as new members:

- Four non-governmental organisations and
- Six scientific and educational organisations and institutes.

The new members are from the regions of Africa (1), Asia (4), Latin America (2) as well as Europe (3). Africa, Asia and Latin America are a focus of ICSSPE's strategic plan 2021–2024.



- Asociación Latinoamericana de Ciencias del Deporte, Educación Física y Danza (ALCIDED) – Brazil
- Association Nationale Femme et Activité Physique et Sport (ANFAPS) – Morocco
- Cuban Sports Research Center (CIDC)
- European Olympic Academies – Germany
- International Zurkhaneh Sports and Koshti Pahlavani Federation – Iran
- Loughborough University School of Sport, Exercise and Health Sciences – United Kingdom
- National Scientific and Practical Center of Physical Culture
Ministry of Education and Science of the Republic of Kazakhstan
- Tel Aviv University – Israel
- World Kabaddi Federation – India
- World Silambam Association – Malaysia

■ Asociación Latinoamericana de Ciencias del Deporte, Educación Física y Danza (ALCIDED) – Brazil

The Latin American Association of Sport, Physical Education and Dance Sciences (ALCIDED) is an international entity dedicated to the promotion, dissemination and practical application of results and discoveries in the field of Physical Education with the aim of benefiting society.

Areas of Expertise: Pedagogy education, Physical Education and Sport, Ethics, History, Traditional and indigenous games and sports, Curriculum, Methodology of sports training, Sociology, Recreation, Physical activity and health, Disability, Gender, Psychology, Sports facilities, Sports medicine, Sport management, ICT application, Motor Behaviour, Dance, Olympic Studies.

www.alcided.com.br



■ Association Nationale Femme et Activité Physique et Sport (ANFAPS) – Morocco

The National Association of Women Physical Activity and Sport is a non-governmental organisation created in order to meet the needs of Moroccan Women, rise their ranks and access to all areas of the sports movement.

Areas of Expertise: Coaching Performance, Elite Sport, Equality and Equity in Sport, Ethics and Integrity in Sport, Exercise Physiology, High Performance Sport, Inclusion, Motor Behaviour, Physical Activity and Ageing, Physical Education, Public Health, Sport and Coaching, Sport and Gender, Sport for All, Sport for Development, Sport Management, Sport Pedagogy, Sport Psychology, Sport Sociology, Traditional Sport and Games.

Languages: Arabic, French, Romanian



■ Cuban Sports Research Center (CIDC) – Cuba

The Cuban Sports Research Center contributes to the sustainability of the Cuban sport movement through scientific investigation. In addition, it offers scientific and technological services that add value to the preparation of athletes and the development of social research in sport education.

Areas of Expertise: Adapted Physical Activity, Biomechanics, Coaching Performance, Diversity, Elite Sport, Exercise Physiology, High Performance Sport, Kinanthropometry, Kinematics and/or Kinetics, Motor Behaviour, Physical Activity and Ageing, Physical Education, Physical Literacy, Rehabilitation, Sport and Disability, Sport for All, Sport for Development, Sport Philosophy, Sport Psychology, Sport Sociology, Strategic Management.

Languages: English, Spanish



European Olympic Academies – Germany

The European Olympic Academies (EOA) promote the collaboration between the National Olympic Academies of Europe with the aim to promote Olympic Values, Philosophy and Ideals on the European content.

Areas of Expertise: Elite Sport, Equality and Equity in Sport, Ethics and Integrity in Sport, Inclusion, Physical Education.

Languages: English



International Zurkhaneh Sports and Koshti Pahlavani Federation – Iran

The International Zurkhaneh Sports Federation (IZSF) was established in Tehran in 2004 with the support of representatives from 22 countries. Now the IZSF has members in 85 countries. Zurkhaneh Sports and Koshti Pahlavani are the most ancient indoor sports in the region. Zurkhaneh is the house of strength, generosity, chivalry spirit, love of country, combined with art and literature.

Areas of Expertise: Elite Sport, Ethics and Integrity in Sport, Physical Education, Safeguarding, Sport for All, Sport for Development, Traditional Sport and Games.

Languages: English



Loughborough University School of Sport, Exercise and Health Sciences – United Kingdom

Loughborough University School of Sport, Exercise and Health Sciences is one of the leading Universities in the world for sport-related subjects, offering research, teaching and partnerships across sport, exercise and health sciences.

Their expertise spans the fields of biomechanics, cellular and molecular biology, economics, medicine, nutrition, pedagogy, physiology, psychology, sociology, sport management and more.

Areas of Expertise: Adapted Physical Activity, Biomechanics, Coaching Performance, Diversity, Elite Sport, Equality and Equity in Sport, Ethics and Integrity in Sport, Exercise Physiology, Grass Roots Sport, High Performance Sport, Inclusion, Kinanthropometry, Kinematics and/or Kinetics, Motor Behaviour, Physical Activity and Ageing, Physical Education, Prevention of Injuries/Diseases, Public Health, Rehabilitation, Safeguarding, Sport and Coaching, Sport and Disability, Sport and Gender, Sport Economics, Sport Entrepreneurship, Sport for All, Sport for Development, Sport Governance, Sport Management, Sport Marketing, Sport Pedagogy, Sport Philosophy, Sport Psychology, Sport Sociology, Sports Medicine, Strategic Management, Technical Infrastructure.

Languages: English



■ National Scientific and Practical Center of Physical Culture Ministry of Education and Science of the Republic of Kazakhstan

The National Scientific and Practical Center for Physical Culture, with the support of the Ministry of Education and Science of Kazakhstan, supports the further development of high-quality physical education, the use of innovative and inclusive approaches, the improvement of the system of training, retraining and professional development of teachers and the partnership between the school and the sports community.

Languages: Russian, English



■ Tel Aviv University – Israel

Tel Aviv University is the largest University in Israel with approximately 30,000 students. It is the only University in Israel with a Master's programme in Exercise Physiology.

It has the newly founded Sylvan Adams Sports Institute with testing and training facilities, environmental chamber and hypoxic hotel. The Campus has faculty members in Exercise Sciences and students that participate in various research programmes and a Sports Technology programme with the Department of Biomedical Engineering.

Areas of Expertise: Exercise Physiology.

Languages: English



■ World Kabaddi Federation – India

The World Kabaddi Federation (WKF) was founded with a vision to bring together all the Kabaddi organisations under the umbrella of WKF as well as to use Kabaddi sport to promote peace, harmony, understanding and co-operation amongst the world community. The game of Kabbadi is one of the oldest games of Indian origin. It is an outdoor team game played on level and soft ground which requires both skill and power and combines the characteristics of wrestling and rugby.



World Silambam Association – Malaysia

The World Silambam Association (WSA) offers Indian Traditional Martial Arts and Sports (Silambam, Traditional Yoga, and Varma Kalai) for Education, Health, Fitness, Culture, Nature, Climate Change, Recreation, and Ancient Indian Science of Arts-Culture (practical studies). The organisation focusses on practical-scientific training, cultural and sports events, organising sports tournaments and championships, enriching good practice, technical rules, regulating, promoting, and building partnerships – for Traditional Yoga, Silambam, and Varma Kalai.



Areas of Expertise: Coaching Performance, Elite Sport, Ethics and Integrity in Sport, Exercise Physiology, Grass Roots Sport, High Performance Sport, Physical Activity and Ageing, Physical Education, Physical Literacy, Prevention of Injuries/Diseases, Safeguarding, Sport and Coaching, Sport Pedagogy, Strategic Management, Traditional Sport and Games.

Languages: English, Malay, Tamil



Building Strategic Partnerships

We extend our sincerest gratitude to our supporters and partners in the name of our members, project teams, volunteers, and sport enthusiasts. Many of our activities only become reality, because of the support of our partners and their confidence in our work.

Thank you to the Senate Department for the Interior, Digitalisation and Sport of Berlin, the Federal Ministry of the Interior and Community, Germany, and the International Olympic Committee for their continued support.



Partnership Opportunities

ICSSPE continues to seek long-term business partners and is looking for lasting partnerships that support our vision.

We are interested in joining forces with organisations who want to cooperate with us in the education for improved quality of life and health for all people through physical activity and sport, the promotion of policies for active lifestyles, human performances and good governance in physical activity and sport, as well as the integration of research to enhance physical activity and sport.

What Can You Expect?

Research in sport science, the education of professionals and the promotion of safe sport and physical activity are at the heart of ICSSPE and ICSSPE members. Their combined knowledge and networks offer our partners many opportunities and benefits.

- An international multidisciplinary network of experts dedicated to physical education, physical activity, sport and sports science.
- A long record of programmes and activities which have led to stable relationships with leading research, sport, governmental and intergovernmental bodies.
- Good governance mechanism to ensure that the Code of Ethics, values, and mission are respected in all activities.
- Openness and flexibility for new and sustainable joint ventures.
- A bag full of ideas for meaningful partnerships.

Get in Touch

Building a trusting relationship takes time. If our organisation's profile and programmes have sparked your interest, please contact us. All partnerships shall align with ICSSPE's mission and values of Inclusion, Reliability, Cooperation, Equality, Transparency, and Accountability.

Interested parties are encouraged to get in contact with ICSSPE if they:

- share our goal of improving people's lives through physical education, physical activity and sport.
- share our mission and relate to our values.
- are interested in integrating research findings into their activities or products and services.
- are interested in meeting and connecting with our members who represent sport science research centres, non-governmental sport organisations and governmental sport authorities all over the world.
- are genuinely interested in starting initiatives within their company to improve employees' health and access to physical activity.



Research, Education, Policy

Projects 2021

ICSSPE has been a welcome partner in many projects for research, education, advocacy, and policy. In 2021, ICSSPE contributed to the success of several projects that were co-funded by the Erasmus+ Programme, other programmes of the European Union, the Council of Europe as well as by the UNESCO Participation Programme.

CHAMP

Clubs for Health-enhancement Activation, Modernisation and Participation



As part of the CHAMP project, a Massive Open Online Course was developed and made available to clubs to gain insight into best innovative practices and addressing the rising problem of decreased numbers in club sports participation.

In this project, ICSSPE specifically researched the relevance of different analysis models from the corporate sector for the sporting world (amongst others Porter 5 Forces Model and PESTEL – Analysis). Furthermore, the organisation prepared a collection of evidence-based business development concepts from outside sport, translated these into tangible learnings for sport club innovation and developed tools for sporting clubs to help them adapt to changing conditions.

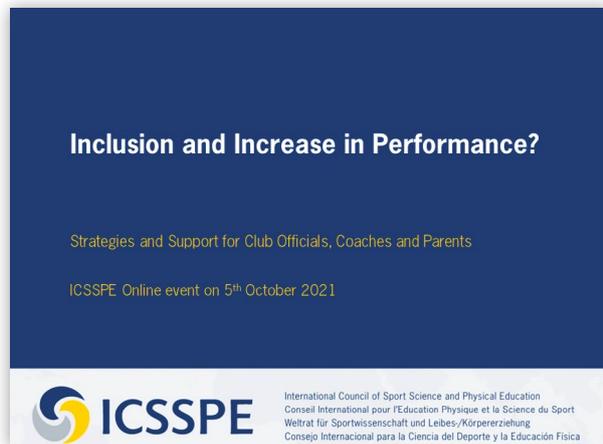
The project ran from January 2019 to June 2021 in collaboration with the Lithuanian Union of Sport Federations, the National Olympic Committee and Sports Confederation of Denmark, the Swedish and Portuguese Sports Confederations, the European Non-Governmental Sports Organisation, the Estonian Foundation of Sport Education and Information as well as the Italian based Organisation for Sport Education.





DITEAM12

Diverse and Inclusive Teams for Children under 12



The project DITEAM12 developed online tools for coaches and club owners that help them focus on skills development and self-improvement, rather than on competition. The project aimed to raise awareness of the positive aspects of non-competitive sports for children under 12, to create inclusive, diverse clubs and to use inclusion and diversity in sport clubs as tools to prevent violence.

Clubs were also encouraged to create a school of parents with regular workshops. This allowed parents to accept diversity in the team, understand the focus on the development of children through inclusion and tolerance

rather than through competition and superiority.

In this project, ICSSPE provided an overview on the recent state of research concerning inclusion and diversity in grassroots sports for children. The research focused on challenges of practice including didactic considerations for inclusive sports education, the reflection on the coach-child-relationship, interaction among children, and the involvement of parents in inclusive sports settings. Furthermore, ICSSPE participated in the production of the education material.

Project partners were the Asociación Mi Hijo y Yo (Spain), Informa Deporta Psicología (Spain), Schola Empirica (Czech Republic), the European Paralympic Committee and the Educational Research Institute (Slovenia).

The project ran from January 2020 to December 2021.

E-Sport

In 2021, ICSSPE submitted the concept for an e-sports publication to Routledge/Taylor and Frances. The publication, which shall be finalised in 2023, will include articles on the history of e-sports, its sporting aspects, anthropological and philosophical questions relating to physicality, the community, health and nutrition issues, gender-specific aspects, training and its presence in schools.

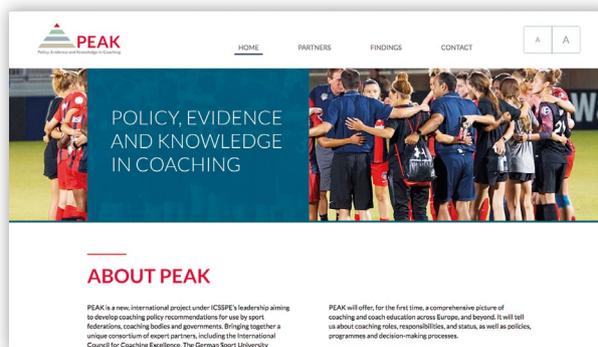
PEAK

Policy, Evidence and Knowledge in Coaching



2021 saw the finalisation of major project deliveries in this Erasmus+ funded project that was coordinated by ICSSPE. The four main areas of the project were the analysis of coaching systems, volunteers in coaching, opportunities for women in coaching, and the development of coaching regulations.

The project partnership which also included the International Council for Coaching Excellence, the German Sport University Cologne, the European Elite Athletes Association, the Finnish Olympic Committee, Sport Ireland Coaching, the Swiss Federal Institute of Sport, and the Foundation of Sport Education and Information Estonia, jointly developed a framework and a handbook for future coaching systems in Europe and beyond.



The material can be found in English, French and German on www.peak-coachingeu.com

SPEY

Sport for Prevention of Extremism in Youth



The aim of the Sport for Prevention of Extremism in Youth (SPEY) project was to create a sports programme to prevent radicalisation and to help young people at risk of exclusion and radicalisation to better integrate into society.

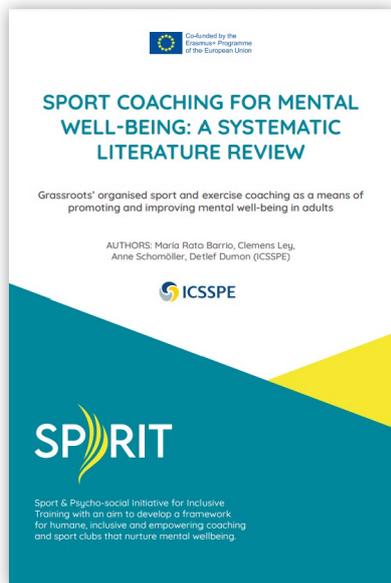
The sports programme was created by experts in education, psychology, and sport, and validated by professionals in the phenomenon of radicalisation. It focused on the practise of sport and physical activity as a tool to promote inclusion into society and social activities. It addressed areas that often face social problems, always within the dimension of gender equality and with the cooperation of local stakeholders.

The Catalan Sports Federation led this EU funded project. Other project participants included the Swedish and Latvian sports federations as well as the Greek Ministry of Culture, Education and Religious Affairs, ICSSPE, Sport et Citoyenneté/Sport and Citizenship and the University of Córdoba.

The project ran from January 2020 until June 2022.

SPIRIT

Sport and Psychosocial Initiative for Inclusive Training



The aim of the SPIRIT project is to make sports clubs more accessible and welcoming to everyone. In order to achieve this, project partners developed a framework for humane, inclusive and empowering coaching that nurtures good mental health.

In addition to a meta-analysis on the consideration of mental well-being in sport, ICSSPE developed policy recommendations to give more attention to this aspect from a programmatic-strategic point of view in everyday sport.

The project's outcomes are a result of a collaborative partnership between 12 European organisations, including ICSSPE, Monaliiku (Well-being and Sports for Multicultural Women, Finland), the Bulgarian Union for Physical Culture and Sports, the Finish Association for Mental Health (mieli), the Hellenic Paralympic Committee, the European Non-Governmental Sports Organisation (ENGSO), Unió de Federacions Esportives de Catalunya (UFEC), the Flemish Athletics Federation (Vlaamse Atletiekliga), Sport Vlaanderen, Minor-Ndako (Belgium) and the ITTF Foundation. The project runs from January 2020 until December 2022.

WIN-DOP

Understanding and Promoting Whistleblowing on Doping Irregularities in the EU



Promoting Whistleblowing on Doping in Sport

The project focuses on whistleblowing on doping offences in sports. WIN-DOP will help to understand the organisational and personal factors of whistleblowing, e. g., the factors that influence whistleblowing behaviour. In addition, WIN-DOP aims to promote whistleblowing by developing pedagogical material.

Together with ICSSPE, several partners are investigating the factors that make whistleblowing difficult or favourable. Based on these findings, ICSSPE will develop recommendations for action before the end of 2022.

Further WIN-DOP partners are: Agencia Espanola de Protección de la Salud en el Deporte, the Anti-Doping Agency of Serbia, the National Anti-Doping Agency Romania, Aristotle University of Thessaloniki (Greece), University of Hull (UK), Mary Immaculate College Limerick (Ireland), Athens University of Economics and Business (Greece), the National University of Physical Education and Sports Bucharest (Romania) and K.E.A. Fair Play Code Hellas (Greece).

Promoting Values through Sport

International Policy Activities on UN Level

ICSSPE continues to participate in the UN Sport for Development Focal Points Group, which includes the ILO, UNESCO, WHO, UNDESA, UN Women and a number of other (non-) governmental organisations. This group is a platform for information exchange that emerged following MINEPS VI which took place in 2017 in Kazan. It provides a regular and relevant opportunity for networking at a time when there are fewer face-to-face events compared to pre-pandemic times.

International Value Education Partnership

ICSSPE is also part of an Education Partnership with UNESCO, WADA, IPC/the Agitos Foundation, the International Fair Play Committee (IFPC) and the IOC/Olympic Foundation for Cultural Heritage (OFCH). With this group, a toolkit for teaching values in schools was developed. The teachers' toolkit is a free, cross-curricular resource for teachers of students ages 8 to 12 that aims to help instil some of the core values synonymous with sport: respect, equity and inclusion. In 2021, the focus of the joint work was on the creation of the French and Spanish versions of this toolkit as well as on marketing activities. In 2022 the partnership continues to build for children engaged in sport – Sport Values Online.



Supporting Members and Their Activities in Leadership Development

ICSSPE Biennial Working Programme Project Funds

ICSSPE supported a project on blended learning in physical education, conducted by staff at Semarang University in Indonesia, which ended in spring 2021. By testing different ways of using blended learning, the research group found that this form of teaching is most likely to be adopted by learners when there is direct interaction, and the teachers know their students. Further development of non-personalised online materials for school sport is therefore questionable. In contrast, the use of digital technology as a supplement to classroom presence can be helpful.

Member Engagement

2021 Online Events

Due to the pandemic, ICSSPE's leadership members only gave presentations at online events in 2021. These included presentations at the Lakshmbai National College of Physical Education in India, at Semarang State University in Indonesia, in a joint teaching project between the Universities of Malmö (Sweden), Vienna (Austria), and the PH Ludwigsburg (Germany), at Tianjin University in China, as well as in project meetings and online events organised by ICSSPE. All ICSSPE online events held in 2021 are available on the ICSSPE YouTube channel.

Sustainable Development through Sports



The series in the first half of the year focused on the Sustainable Development through Sports and tackled important questions concerning the role sport and physical education play in dealing with sustainability issues in the future. The following topics were covered in the 2021 series:

- Designing the Role of Sports and Physical Education
 - The Challenges of Making Sports Facilities Sustainable Infrastructures, Klaus Meinel, International Association for Sports and Leisure Facilities.
 - Research on Sustainability of Sports Facilities, Jutta Katthage, Federal Institute of Sport Science, Germany.

The series continued with a seminar on

- Urbanisation and Active Cities: Moving in the city – recognising and helping to shape developments, Anne Schomöller, ICSSPE.



SPIRIT Project Presentation & Tutorial

An online event was offered as part of the Sport and Psychosocial Initiative for Inclusive Training (SPIRIT) project, followed by a tutorial for students and young research professionals:

- Sport Coaching for Mental Well-Being, The SPIRIT Project – Collected Evidence and Recommendations, Rachel May, ENGSO and Clemens Ley, FH Campus Wien, introduced the Erasmus+ funded SPIRIT project and shared insights of a Systematic Literature Review on Coaching and Mental Health.
- How to conduct a Systematic Literature Review, Clemens Ley, FH Campus Wien.

Understanding and Promoting Whistleblowing on Doping Irregularities in the EU: WIN-DOP Interviews

Also available online, are the WIN-DOP Interviews, which ICSSPE conducted as part of the Erasmus+ funded project. In this interview series, high-performance athletes were asked what they think about doping. See Projects 2021 for more.

A vertical stack of four video thumbnails. Each thumbnail shows a different athlete in action: a swimmer, a basketball player, a runner, and a soccer player. To the right of each thumbnail is the video title and the ICSSPE logo.

	WIN-DOP Interview on Doping #1 - Subtitles ON! ICSSPE
	WIN-DOP Interview on Doping #2 - Subtitles ON! ICSSPE
	WIN-DOP Interview on Doping #3 - Subtitles ON! ICSSPE
	WIN-DOP Interview on Doping #4 - Subtitles ON! ICSSPE

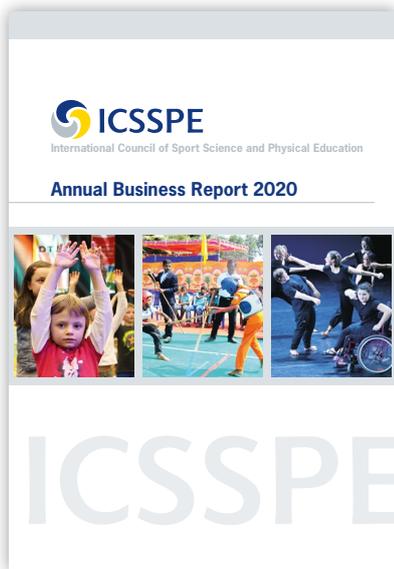
Inclusion and Performance

Teaching Materials for Clubs

Linking abilities and performance enhancement in inclusive training settings as well as questions around inclusion and athletic development that will help club officials to promote an inclusive culture, were addressed by ICSSPE Executive Board Member and IFAPA President David Legg as well as Igor Peras from the Slovenian Educational Research Institute.



ICSSPE Communication Channels



In order to communicate with members and stakeholders, ICSSPE is using various communication channels.

Annual Report 2020

In 2020, ICSSPE published an annual report based on its activities and project reports.

Website & Newsletter

The website includes current news and information, an international calendar of events, teaching and learning materials, and policy documents as well as an Expert Directory. It is available in English and since 2022 also in Spanish.

ICSSPE's Expert Directory provides a comprehensive overview of the expertise and competencies among ICSSPE's member organisations. It offers interested parties the opportunity to find e.g. project partners by filtering organisations according to services offered, their areas of expertise or languages spoken.

The event calendar provides an overview of upcoming events around the world in the areas of sport science, education and policy.

The website also includes the monthly newsletter that is send out with sport science news, dates and information about upcoming events.

Subscriptions can be made via the website:

<https://www.icsspe.org/media/news>



A relaunch of the website and transition into a responsive design is planned for 2022.

 www.icsspe.org

Social Media Channels

ICSSPE communicates and engages regularly via Facebook, Twitter and LinkedIn account with its members and partners in education, sport practice and policy development. Social media activities provide information about research results as well as sports policy measures and enable representatives of sport to disseminate their information internationally in a targeted manner.

 Facebook: www.facebook.com/icsspe

 Twitter: www.twitter.com/icsspe

 LinkedIn: www.linkedin.com/company/icsspe-ciepss

 Youtube: www.youtube.com



Account Summary

Summary of the Financial Report 2021

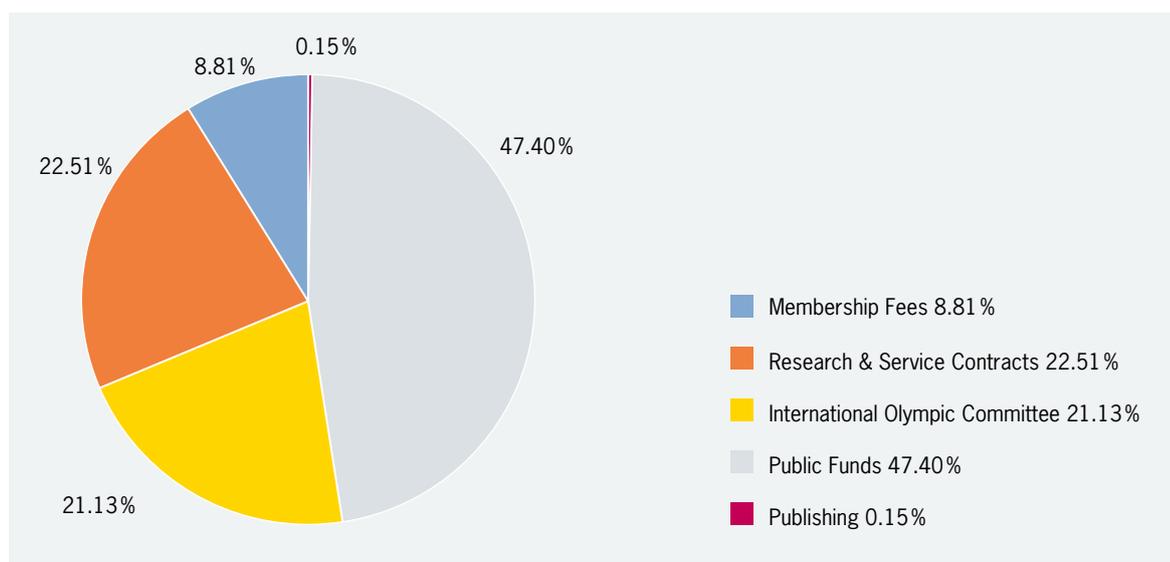
The Senate Department for the Interior, Digitalisation and Sport, Berlin, funded the ICSSPE Office in Berlin with € 143,348.41. The German Federal Ministry of the Interior and Community funded the Office with € 67,851.59.

- The organisation successfully applied for funding for the Erasmus+ projects PACTE Plus Promoting Active City Through Europe Plus and GAP Gender Actions to increase Women’s Participation in Sports, starting in 2022. In addition, ICSSPE successfully applied for the development of Implementation Guidelines for the European Sports Charter at the Council of Europe.
- The International Olympic Committee funded ICSSPE with € 94,153.00
- Income from membership fees amounted to € 39,265.50 compared to € 34,870.00 in the previous year.

Income

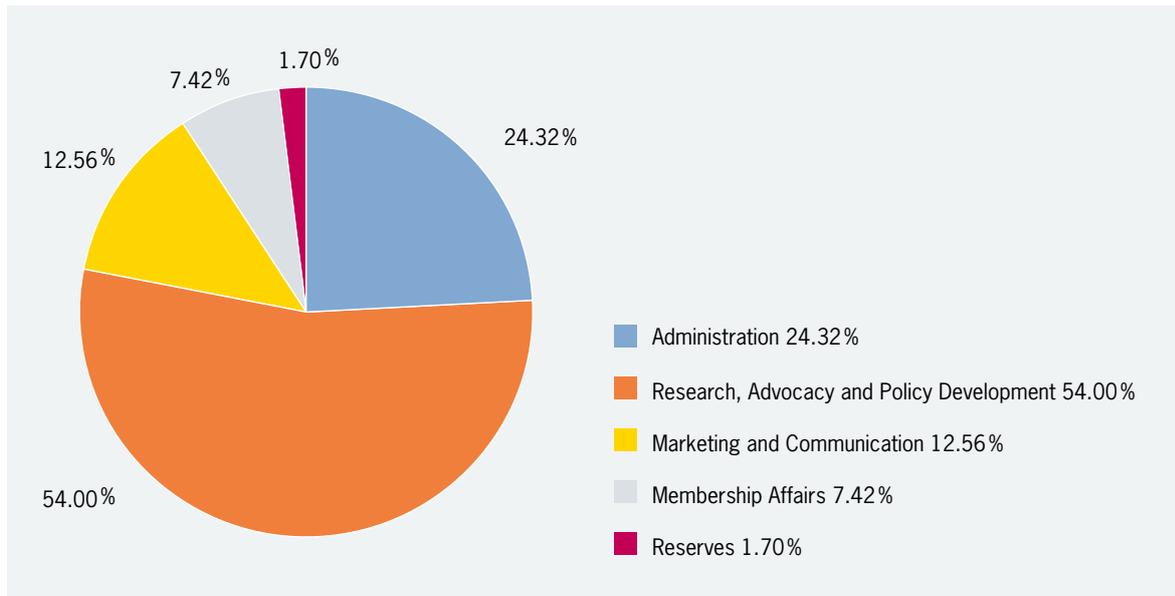
Membership Fees	€ 39,265.50
Research and Service Contracts	€ 100,303.30
International Olympic Committee	€ 94,153.09
Public Funds	
• Berlin Senate Department for the Interior, Digitalisation and Sport	€ 143,348.41
• Federal Ministry of the Interior and Community, Germany	€ 67,851.59
Publishing	€ 639.42
Total	€ 445,561.31

Income Distribution



Expenses

Administration	€ 87,109.00
Research, Advocacy and Policy Development	€ 236,001.00
Marketing and Communication	€ 44,948.00
Membership Affairs	€ 36,481.00
Total	€ 404,539.00

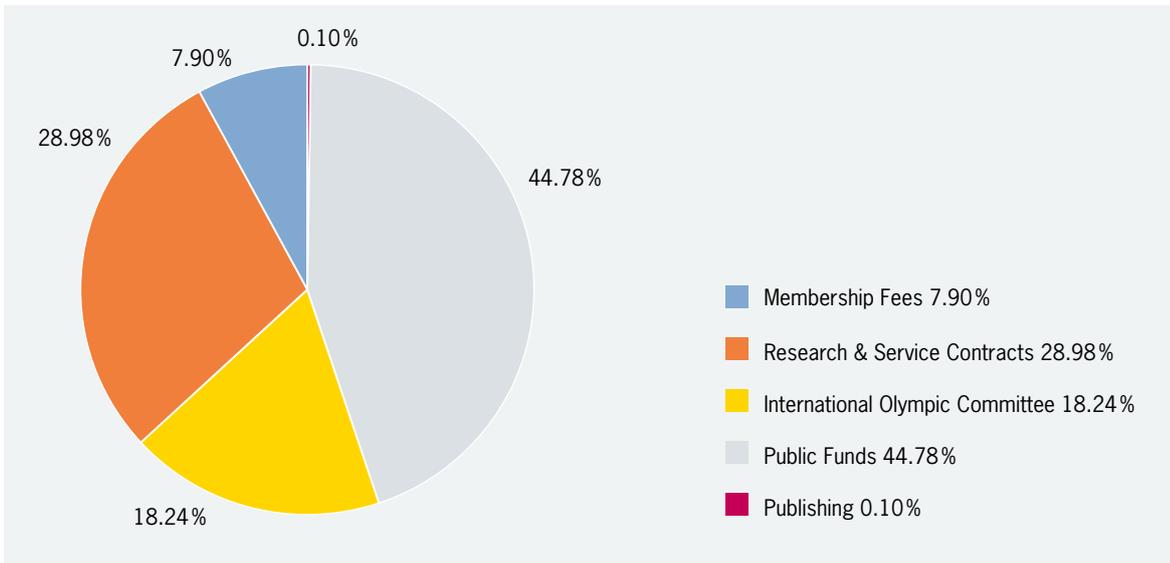


Summary of ICSSPE Preliminary Budget 2022

Projected Income

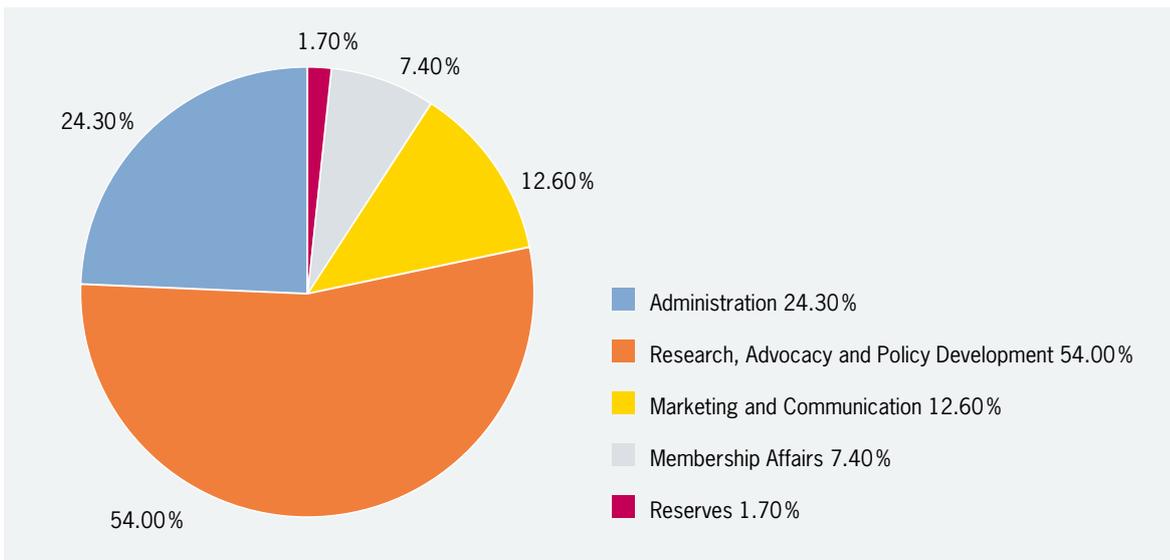
Membership Fees	€ 39,000.00
Research and Service Contracts	€ 143,000.00
International Olympic Committee	€ 90,000.00
Public Funds	
• Berlin Senate Department for the Interior, Digitalisation and Sport	€ 150,000.00
• Federal Ministry of the Interior and Community, Germany	€ 71,000.00
Publishing	€ 500.00
Total	€ 493,500.00

Projected Income Distribution



Projected Expenses

Administration	€ 120,000.00
Research, Advocacy and Policy Development	€ 266,500.00
Marketing and Communication	€ 62,000.00
Membership Affairs	€ 36,600.00
Reserves	€ 8,400.00
Total	€ 493,500.00



Preview 2022 and Beyond

Change in ICSSPE Leadership

The second half of 2022 will see a change of leadership at the International Council of Sport Science and Physical Education with Executive Director Detlef Dumon announcing his resignation at the end of 2021. Detlef Dumon will leave ICSSPE after 15 years in the role of ICSSPE Executive Director and 22 years with the organisation.

Detlef Dumon started working for ICSSPE in 1999, first as a consultant of a communications agency, and since 2001 as ICSSPE's Communications Manager. In 2007, the Executive Board appointed him as the organisation's Executive Director.

During his tenure, Detlef Dumon was ICSSPE's representative in intergovernmental and international committees, including the Permanent Consultative Committee of UNESCO, the Consultative Committee of the Enlarged Partial Agreement on Sport of the Council of Europe, and various expert groups within the European Union.

For the Fifth International Conference of Ministers and Senior Officials Responsible for Physical Education and Sport (MINEPS V), UNESCO and the host country Germany appointed him as Secretary General of the Organising Committee and the Programme Committee. In 2014 and 2015, he was a member of the editing team for the International Charter of Physical Education, Physical Activity and Sport.

The Executive Board expressed its confidence and regret on Detlef Dumon's decision and thanked him for his long-standing contributions to the organisation.

"The Executive Board always had full confidence in Detlef Dumon's work. We are acknowledging, recognising and admiring his commitment, reflectiveness, his leadership and personal care for the well-being of the organisation, its members and the staff at the Executive Office. He is and has been an asset to our organisation. His integrity and communication skills have led to long-standing and trusting relationships with leading professional organisations internationally and in Germany and he will truly be missed," ICSSPE President Dr Uri Schaefer stated.

A successor will be announced in the second half of 2022.



International Council of Sport Science and Physical Education
Conseil International pour l'Education Physique et la Science du Sport
Weltrat für Sportwissenschaft und Leibes- / Körpererziehung
Consejo Internacional para la Ciencia del Deporte y la Educación Física

Contacts

ICSSPE is a registered association (e.V.)/non-for-profit organisation by German law, based in Berlin. We are open for partnerships, event sponsorships and other forms of cooperation. Please do not hesitate to contact us for further details on memberships, project information or on how we can work together.



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Facebook: www.facebook.com/icsspe



Twitter: www.twitter.com/icsspe



LinkedIn: www.linkedin.com/company/icsspe-ciepss



Youtube: www.youtube.com



**We thank our members and partners
for their support
and ongoing cooperation.**



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