

Project DITEAM12

Diverse and Inclusive teams for children under 12



COMPETENCES FOR COACHES











CLUB'S ROLE IN EDUCATING CHILDREN ABOUT VALUES

- What is this competence?
- Why is this competence needed?
 - How could children/ parents/ coaches benefit from this competence?
- How can this competence be achieved?



"A value is a goal, stable over time and in multiple situations, that directs our thinking, our emotions and our actions (behavior). It is a guide that facilitates the choice of a decision and are specific to each person. Values are constructions obtained through a teaching-learning process or through the self-construction of concepts". (Pepper, 2021)

SESSION TO WORK ON "SPORTS VALUES" WITH COACHES THROUGH REFLECTIVE QUESTIONS Co-funded Erasmus+ Progr

- Co-funded by the Erasmus+ Programme of the European Union
- What are values? What are the values by which you are guided in life?
- What are the values with which you feel most identified?
- What values do you think can be worked through sport? How? What ideas do you propose?
- What values would you like your athletes to learn from you?
- What idea could the club do that has not been done so far to promote values education?

If it is possible to answer these questions in a group of coaches at the end you can share all the answers and create a list of ideas.

Sport, both in training and in competition, becomes a perfect place for a good education in values.

Possible list of benefits of sport in values education.
Can you think of any more?





Adventure	Beauty	To Catalyze	To Contribute							
o Risk	o Grace	o Impact	o Serve							
	o Refinement	o Move forward								
			o Improve							
	o Elegance o Attractiveness	o Touch o Tumon	o Augment o Assist							
o Danger										
o Speculation										
			o Strengthen							
o Gamble	o Magnificence	o Spark	o Facilitate							
o Endeavor	o Gloriousness	o Encourage	o Ministerto							
o Quest	o Taste	o Influence	o Grant							
 Experiment 		 Stimulate 	o Provide							
 Be exhilarated 		o Energize	o Foster							
 Venture 		o Alter	o Assist							
		o Repair/Fix	Talland							
To Create	To Discover	To Feel	To Lead							
o Design	o Learn	 Experience 	o Guide							
o Invent	o Detect	displaying	o Inspire							
 Synthesize 	o Perceive	emotions	o Influence							
 Be imaginative 	o Locate	o Sense	o Cause							
 Ingenuity 	o Realize	o To Glow	 Arouse 							
 Originality 	o Uncover	 To feel good 	o Interest							
 Conceive 	o Discern	o Be with	o Reign							
o Plan	 Distinguish 	 Experience 	o Govern							
o Build	o Observe	energy flow	o Rule							
 Perfect 		 In touch with 	 Persuade 							
 Assemble 		sensations	 Encourage 							
 Inspire 			o Model							
Mastery	Pleasure	To Relate	Be Sensitive							
 Be expert 	 Have fun 	 Be connected 	o Express							
 Dominate field 	 Sensual 	o Be part of	tendemess							
o Adept	o Physical	com munity	o Touch							
 Superiority 	o Bliss	 Be part of family 	 Perceive 							
 Primacy 	 Be am used 	 To unite 	 Be present 							
Preemin ence	 Be entertained 	 To nurture 	o Empathize							
 Greatest 	 Play games 	 Be linked 	 Support 							
o Best	o Sports	 Be bonded 	o Show							
o Outdo		 Be integrated 	com passion							
 Set standards 		 Be with 	 Respond 							
 Excellence 			o See							
Be Spiritual	To Teach	ToWin	Other							
o Be aware	 Educate 	o Prevail	0							
 Be accepting 	 Instruct 	 Accomplish 	0							
o Beawake	 Enlighten 	o Attain	0							
 Relate with God 	 Inform 	o Score	0							
 Be devoted 	o Prepare	o Acquire	0							
	O FICHAIC									
o Be holy	o Edify	o Win over	0							
o Be holy o Be honoring			0							
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 Be honoring 	o Edify o Prime	o Win over o Triumph	0							



For coaches: Which 10 values would be the most important to work on with your athletes?





[Activities]

Once you have the values: select a month of the season in which you are going to work on each value.



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Define the way in which you are going to educate that value. For example: What weekly task or activity will you do with your athletes to teach the value of healthy lifestyle habits?

Snacking on fruit after training

How are you going to reward your athletes for working on this value? For example:

the athlete who fulfils the task every day of the week (snacking on fruit or respecting teammates) will get more minutes in the Let's work Let'



SOME IDEAS TO EDUCATE IN VALUES:

- 1) Create a recycling "clean point" in the sports facility (environment).
- 2) Take the athletes to train on the beach or in the mountains and make a garbage collection (environment).
- 3) Make a toy collection campaign in December for Christmas (solidarity).
- 4) Offer scholarships to foster children to be able to train (equality).
- 5) Make visits to children's hospitals
- 6) To make a solid race for children with disabilities.
- 7) Celebrate the "international days".
- 8) Establish as a rule that children shower after training (hygiene).
- 9) Distribute fruit after training (healthy habits).
- 10) Establish punctuality rules for training sessions (punctuality and respect).



[Activities]

create a ten list values values and put it on a huge banner at the sports venue





Good Practices





Good Practices



