

MODULE GUIDE

<p><b>Module title</b></p>	<p><i>Competences for coaches (communication with families)</i></p>
<p><b>Aim of the module</b></p>	<p><i>The module has the following objectives:</i></p> <ul style="list-style-type: none"> <li>- <i>To provide trainers with tools to enhance their psychoeducational skills.</i></li> <li>- <i>To implement strategies to optimise the communication of clubs and coaches with the athletes' families.</i></li> <li>- <i>creating effective communication protocols between families and the club</i></li> <li>- <i>gather information on how families view and perceive the club</i></li> <li>- <i>To develop the roles of each stakeholder (families, club and coaches) and establish what competences each stakeholder has</i></li> </ul>
<p><b>Learning outcomes</b></p>	<ul style="list-style-type: none"> <li>- <i>Differentiate the role and competencies I have as a parent within the club where my child trains and competes.</i></li> <li>- <i>Establish common objectives between the families and the Club to benefit the athletes.</i></li> <li>- <i>Reach agreements on the discrepant elements between the different agents of sport</i></li> </ul>
<p><b>Learning activities</b></p>	<ul style="list-style-type: none"> <li>- <i>Questionnaire to collect information on the opinion of families (this information will be transmitted to the families as a summary report).</i></li> <li>- <i>creation of appropriate communication protocols in sports clubs</i></li> </ul>
<p><b>Assessment activities</b></p>	<ul style="list-style-type: none"> <li>- <b><i>Coach satisfaction surveys</i></b></li> <li>- <b><i>Interviews or videos with athletes and families about the activities</i></b></li> </ul>

<b>Further resources</b>	<i>(Included in the module)</i>  - <i>Families questionnaire about communication with the club and coaches</i>
<b>Duration</b>	<i>1 hour per competence</i>