Adapted Physical Activity – International Cooperation and Networking Opportunities

Prof. Dr. Gudrun Doll-Tepper
ICSSPE President
Freie Universität Berlin
Germany

15th International Symposium on Adapted Physical Activity
Verona, 9 July 2005
Overview of Presentation

- Introduction
- Training opportunities
- Access to information
- Research needs
- International cooperation and networking
- A call for action
Introduction

Changes in society

The role of individuals with a disability

1980

1997
Press photography of the Year 2004
Changes in Physical Education, Sport and Sport Science

- Increased participation in all areas and facets
- From segregated to integrated settings in schools and in sport
- Intensified efforts in research and science
- Creation of cooperative and collaborative initiatives
ICSSPE’s most recent publication “Directory of Sport Science 3rd Ed.” lists 20 areas:

- Sport Pedagogy
- Adapted Physical Activity and Education
- Sport Sociology
- Sport History
- Philosophy of Sport
- Motor Development, Control and Learning
- Sport and Exercise Psychology
- Biomechanics
- Exercise Physiology
- Comparative PE and Sport
- Kinanthropometry
- Health Enhancing Physical Activity
- Athletic Training and Therapy
- Sport Facilities
- Sport Information
- Sports Law
- Sport Management
- Sports Medicine
- Sport Vision
- Coaching Science
DIRECTORY OF SPORT SCIENCE
3rd Edition

Contents
Impressum
Preface
Introductory Comments
Adapted Physical Activity
Athletic Training and Therapie
Biomechanics
Coaching Science
Comparative Physical Education and Sport
Health Enhancing Physical Activity
Kinanthropometry
Motor Development, Control & Learning

Philosophy of Sport
Sociology of Sport
Sport and Exercise Physiology
Sport and Exercise Psychology
Sport and Leisure Facilities
Sport History
Sport Information
Sports Law
Sport Management
Sports Medicine
Sports Pedagogy
Sports Vision

Last update: August 2003

www.icsspe.org
International Developments Concerning Disability

The ICF Model of Disability (WHO): International Classification of Functioning, Disability and Health
The European Concept of Accessibility
WHO's Global Strategy on Diet, Physical Activity and Health

The overall goal of the strategy is to improve public health through healthy eating and physical activity. The guiding principles of this process are:

- Stronger evidence for policy
- Advocacy for policy change
- Stakeholder involvement
- A strategic framework for action
Training Opportunities

Since the 1990’s increased training opportunities in many parts of the world, e.g.

• The European Master’s Degree in Adapted Physical Activity
• The European University Diploma in Adapted Physical Activity
• ERASMUS MUNDUS
• Special Olympics University Training Programmes
Thematic Network - Educational and social integration of persons with a handicap through adapted physical activity (THENAPA I)
Ageing and Disability – A new crossing between physical activity, social inclusion and life-long well-being
Training Opportunities – Current Challenges

- Specialisation and special training for experts is necessary
- A basis knowledge about disability and adapted physical activity is needed in all training programmes in education, health, physical education and sport
- Emphasis on an „inclusive approach“!
Access to Information

- via databases on national and international levels
- via books and journals, e.g. Adapted Physical Activity Quarterly, Palaestra
- via websites and electronic bulletins
Research Needs

Adapted Physical Activity research covers a broad spectrum of topics and issues including

- physical education
- rehabilitation
- recreation
- health-related programmes
- high-performance sport, e.g. Paralympic sport
Research Issues and Future Directions

- During the last decades research has covered an increasing spectrum of topics and issues.
- “Integration” and “Inclusion” have become key words.
- Differences between countries and cultures are still remarkable.
More Quality Research

- Take into consideration specific problems of APA.
- Publish results, findings, philosophical discussions in discipline-specific journals and in journals of related areas and fields of physical education and sport science.
- List research areas in order of importance, to reflect on past and current developments in order to identify directions for the future.
An Inclusive Approach

... many professionals were and are strong advocates of an inclusive approach in

- school settings
- recreational activities/sport for all
- university programmes
- elite sport
- publications and conferences
- organisations of sport, sport science and physical education
International Cooperation and Networking

The International Federation of Adapted Physical Activity (IFAPA) and its regional organisations play an important role in international organisations and their development!
Global Network

ICSSPE

3 Working Groups

IFAPA

270 member organisations worldwide

Special Olympics

270 member organisations worldwide

Associations‘ Board

IFAPA

ICSSPE

UNESCO

recognised organisation

UNESCO

formal associate relations

WHO

active living network

FIMS

Ex-Officio Representation at Board Meetings

ECOSOC/UN

consultative status

IOC

recognised organisation

ECOSOC/UN

consultative status

WHO

active living network

3 Working Groups
Examples of Cooperation (1)

Young People with Disability in Physical Education, Physical Activity and Sport, in and out of schools

C. Sherrill, 2004

Published in ICSSPE Bulletin 1/2005
Examples of Cooperation (2)

ICSSPE initiated a publication on „The History of the Paralympic Movement“ (by Steve Bailey, UK), supported by the IOC and in cooperation with the IPC, to be published at the end of 2005
IFAPA and the International Committee of Sport Pedagogy (ICSP) of ICSSPE

Involvement in important initiatives regarding physical education, e.g. The World Summit on Physical Education, Berlin 1999 and the Berlin Agenda for Action for Government Ministers, approved by UNESCO's World Conference on Physical Education and Sport of Government Ministers and Senior Officials (MINEPS III)
World Summit on Physical Education
1999
The General Assembly of the United Nations proclaimed the year 2005 to be the International Year of Sport and Physical Education. Four key areas were identified: education, health, development and peace.
Selected Events

• International Conference on Development and Sport, Bad Boll, Germany February 2005

• International Conference on Health and Sport, Hammamet, Tunisia, March 2005
Planned Events

• International Summit: Effecting Social Change through Women’s Leadership in Sports, Atlanta, 20-22 October 2005

• 2nd World Summit on Physical Education, Magglingen, Switzerland, 2-3 December 2005

• Closing Conference „Sport and Development“, 4-6 December 2005, Magglingen, Switzerland
A Special Initiative

A special project was initiated by ICSSPE to address the needs of people in the Tsunami affected regions to help traumatised children and young people with a disability.

International Seminar to be held in Bangkok, Thailand 28-30 October 2005
A Call for Action

All participants of the 15\textsuperscript{th} ISAPA in Verona are requested

• to continue their excellent work in close cooperation with relevant partners (governments, NGOs)
• to initiate projects in adapted physical activity and sport for persons with a disability and
• to ensure sustainability of their work and initiatives!
Thank you for your attention!