

IPC Support Statement for ICSSPE's International Position Statement on Physical Education

Physical Education plays an important role in a child's physical, mental and social development. Children with an impairment benefit from physical education, not only by improving their physical capacity, but also by building their confidence and self-esteem.

The International Paralympic Committee (IPC) supports various programmes and projects aimed at increasing the participation of young people in Para-sport by developing infrastructure and training teachers and coaches in countries where these resources are lacking.

The IPC also developed programmes and resources, such as the Paralympic School Day, that can be used in physical education to promote Paralympic Sport and help teach important values and skills, such as the inclusion of people with a disability, tolerance, ambition, fair play, courage, determination, inspiration and equality.

Sport in general, and physical education in particular, is an important tool to promote the rights for persons with a disability and bring about a change of perception and attitudes towards them.

Therefore, the IPC fully endorses ICSSPE's International Position Statement on Physical Education and encourages governments to commit themselves to emphasizing physical education within their national curricula for all children.