



SECOND CALL

EVIDENCE BASED PHYSICAL ACTIVITY IN OLD AGE

18 – 19 April 2024, Kaunas Lithuania



EGRAPA – The European Group for Research on Aging and Physical Activity (<https://www.egrapa.org>)

PhysAgeNet – COST Action Evidence-based Physical Activity in Old Age (<https://physagenet.eu>)

Lithuanian Sports University, Kaunas (<https://www.lsu.lt/en/>)

The city of Kaunas

is a fantastic location for the conference. The city is located at the confluence of the two largest Lithuanian rivers, surrounded by the hills. Kaunas is colorful city, famous by its street art, with probably the only square in the world that you can't get into - George Maciunas square, inspired by FLUXUS movement. The city is famous for its Interwar architecture which was awarded the European Heritage label and is on its way to UNESCO. Kaunas is the only city in the world where so much of the style of the buildings has survived to the present day. <https://www.youtube.com/watch?v=qHc6HVVQgGc>

Call for Symposia, Oral Presentations and Posters

Deadline:

SYMPOSIA, INDIVIDUAL TALKS and POSTER: 31 January 2024.

Please submit your application to: <https://www.egrapa.org>

Select one of the following options:

SYMPOSIUM: 45–90 min. session consisting of 3-5 talks from different speakers.

INDIVIDUAL TALK: 10-12 min. followed by 3 min. discussion.

POSTER: 3-5 min. presentation.

All applications should include:

- Title and abstract (max. 350 words).
- For symposia, additionally a list of 3-5 speakers (including symposium chair) and the title of each lecture.
If accepted, each speaker must submit a separate abstract!

Registration and Fees

Registration will be opened on 01 February 2024: <https://www.egrapa.org>

- Standard fee €200
- “Early bird” registration €150 – for registration before **15 March 2024**
 - A discount of €50 for:
 - EGRAPA members (membership via <https://www.egrapa.org>)
 - “Low income” and “middle income” countries according to World Bank classification
 - Graduate/ undergraduate students

Main Topics

- Assistive technology of physical activity in old age
- Physical activity, brain and cognition in old age
- Physical activity and chronic diseases in old age
- Sport and fitness in old age
- Physical activity and nutrition in old age
- Artificial intelligence for physical activity programs in old age
- Social aspects related to physical activity in old age
- Special programs of physical activity in old age: Aqua-Therapy, Yoga, Pilates, Dance, etc.

Keynote Speaker

- Prof. Kirk Erickson, Advent Health Research Institute in Orlando, Florida:
“Exercise and Brain Health in Late Adulthood”

Scientific Committee

Prof. Dr. **Nerijus Masiulis**, Lithuanian Sports University, Lithuania • Prof. Dr. **Diana Rėklaitienė**, Lithuanian Sports University, Lithuania • Prof. Dr. **Oron Levin**, Lithuanian Sports University, Lithuania • Assoc. Prof. **Vida Janina Česnaitienė**, Lithuanian Sports University, Lithuania • Prof. Dr. **Hans Degens**, Lithuanian Sports University, Lithuania • Dr. **Margarita Drozdova-Statkevičienė**, Lithuanian Sports University, Lithuania • MD **Wouter Vints**, Lithuanian Sports University, Lithuania • Assoc. Prof. **Gediminas Mamkus**, Lithuanian Sports University, Lithuania • Dr. **Vaiva Balčiūnienė**, Lithuanian Sports University, Lithuania • Dr. **Dovilė Kielė**, Lithuanian Sports University, Lithuania • Prof. Dr. **Yael Netz**, President of EGRAPA, Levinsky-Wingate Academic Center, Israel and Lithuanian Sports University, Lithuania • Prof. Dr. **Heinz Mechling**, EGRAPA Board Member, Germany • Prof. Dr. **Michael Brach**, EGRAPA Board Member, Institute of Sport and Exercise Sciences, University of Muenster, Germany • PD Dr. **Timo Hinrichs**, EGRAPA Board Member, Department of Sports, Exercise and Health, University of Basel, Switzerland • Assoc. Prof. **Arzu Erden**, Karadeniz Technical University, Trabzon, Turkey • Asst. Prof. **Veysel Alcan**, Tarsus University, Turkey • Prof. **Uğur Cavlak**, Biruni University, Istanbul, Turkey • Prof. Dr. **Ivan Bautmans** Vrije University, Brussel, Belgium.

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