





#### World Federation of Athletic Training and Therapy World Congress 2014

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#### Faculty of Sports and Exercise Medicine (Ireland) 11<sup>th</sup> Annual Scientific Conference

# The Sporting Hip, Groin and Hamstring: A Complete Picture







4<sup>th</sup> - 6<sup>th</sup> September, 2014, The Helix, Dublin City University, Ireland



For more information see www.rcsi.ie/fsemasc2014 www.arti.info www.wfatt.org







#### A conference for all WFATT, the FSEM(I) and ARTI invite you to attend and participate in the joint conference

#### The Sporting Hip, Groin and Hamstring: A Complete Picture





Prevention and management of acute and chronic sporting injuries of the hip, groin and hamstring can prove challenging to the "sports medicine community\*". Best results can be achieved by the integration of the collective areas of expertise of a multidisciplinary team.





\*This conference is for healthcare professionals with an interest in sports medicine (e.g. doctors, athletic therapists and trainers, physiotherapists, sports rehabilitators etc.) and sports and exercise professionals (e.g. sports scientists, strength and conditioning specialists etc.). It is not suitable for the general public.







# **Programme Outline**

The combined conference of the WFATT World Congress and the FSEM(I) 11<sup>th</sup> Annual Scientific Conference has been designed to promote a multidisciplinary approach. Internationally and nationally renowned experts will deliver topics and workshops on areas outlined below to give attendees "a complete picture" of the management of the sporting hip, groin and hamstring.

Prevention Epidemiology Anatomy Pathophysiology and Pathomechanics Clinical assessment Treatment and Rehabilitation Surgical intervention Return to play criteria



The conference will also provide sports medicine updates on concussion, anti-doping, exercise in the chronically ill and mental health issues in sport.



# **Confirmed International Speakers**

#### Professor Per Hölmich

Orthopaedic surgeon and Head of Arthroscopic Centre Amager, Copenhagen University Hospital, Denmark. Associate Professor, Department of Anatomy, University of Copenhagen Associate Research Professor at Copenhagen University Hospital. Head of the Sports Orthopaedic Research Centre - Copenhagen Head of Aspetar Sports Groin Pain Centre, Qatar Orthopaedic and Sports Medicine Hospital, Doha, Qatar

#### Dr Geoffrey Verrall

Medical director at the South Australian Sports Institute (SASI) Chair of Training for the Australasian College of Sports Physicians

### Dr Lyle Micheli

Professor of Orthopaedic surgery at Harvard Medical School Vice president of the International Federation of Sports Medicine Past president of the world's largest and most prestigious association of sports care professionals, the American College of Sports Medicine.

## Dr Amy Silder

Departments of Bioengineering and Orthopaedic Surgery, Stanford University

Research investigating the neural and mechanical adaptations following a hamstring strain injury and rehabilitation



# Be part of the conference and share your expertise

We invite you to submit abstracts for oral or poster presentation at the conference, as well as participate in workshops and discussions with our speakers. The closing date for abstract submission is the **14<sup>th</sup> of July, 2014**.



Main conference themes for delegate abstracts:

- Sports and Exercise Medicine
- Sports trauma, orthopaedics and radiology
- Sports injury treatment and rehabilitation
- Exercise science and physiology

We also invite you to submit your abstracts for publication in a supplement of the Journal of Athletic Training, the official scientific publication of ARTI, and presentation at the conference. Closing date for this pathway is the **31**<sup>st</sup> of March, **2014**.

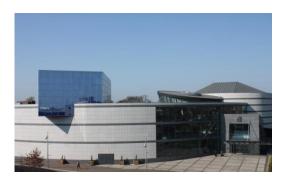
> For abstract submission details please see <u>www.rcsi.ie/fsemasc2014</u> <u>www.arti.info</u> <u>www.wfatt.org</u>







# Dublin: a sporting city







The conference will take place in the Helix Theatre, Dublin City University on the 4<sup>th</sup>-6<sup>th</sup> of September 2014.

It is perfectly located between Dublin airport and Dublin city centre.

The conference will fall in the middle of an amazing week of sporting events. It occurs on the weekend of the All-Ireland hurling final, and Ireland's UEFA Euro 2016 qualification match. It is also preceded by the Croke Park Classic between the American football teams of the University of Central Florida and Penn State University.

Dublin has a diversity of social, cultural and sporting activities to offer delegates.