

time	Thursday 12 June		Friday 13 June	Saturday 14 June	Sunday 15 June
8:30	Helsinki Day festivities 9:00 – 14:00	Exhibition set-up	Sporty morning	Sporty morning	Conference Partners' meetings 9:00-11:00  Extra mural program 11:00-14:00  Post-conference tour to St.Petersburg, Russia departure at 10:00
9:00		05:00 -14:00	Plenary: Buck the Trend – Leading the change in sport policy 9:00 – 10:30, 1.5 hrs.	Plenary: Be Your Best Coach – Pursuing excellence in leadership & coaching 9:00 – 10:30, 1.5 hrs.	
9:30					
10:00					
	Registration 10:00 – 14:00	Coffee/ Tea Break 10:30-11:00	Coffee/ Tea Break 10:30-11:00		
	Sight seeing tour 12:00-13:30	Parallel sessions 11:00 – 12:30, 1.5 hrs.	Parallel sessions 11:00 – 12:30, 1.5 hrs.		
		Lunch 12:30-13:30	Lunch 12:30-13:30		
		Plenary: 100% Sport – Enhancing participation through creativity and innovation 13:30 – 15:00, 1.5 hrs.	Plenary: Sport without Fear – Sport as a safe haven & bastion for human rights 13:30 – 15:00, 1.5 hrs.		
14:00	Opening Ceremonies 14:00 – 16.00, 2 hrs.		Coffee/ Tea Break 15:00-15:30	Coffee/ Tea Break 15:00-15:30	
Regional meetings (5) and parallel sessions 15:30 – 17:00, 1.5 hrs.			Parallel sessions 15:30 – 17:00, 1.5 hrs.		
Break 17:00 – 17:15			Break 17:00 – 17:15		
16:00			Coffee/ Tea Break 16:00-16:45	Reflections of 20 years, a celebration of the Brighton Declaration on Women and Sport 17:15 – 18:30  Buses leave at 19:00 for Vantaa from Finlandia Hall and the main conference hotels	
16:30	Plenary: Move Me! Physical activity, health and well-being for life 16:45 – 18:15				
18:00	Buses leave for Reception 18:30				
19:30	Reception by the City of Helsinki 19:00 – 21:00	Reception by the city of Vantaa Heureka; the Finnish Science Centre 19:30 – 22:00 Buses to conference hotels	Reception by the City of Espoo Dipoli Conference Centre 19:30 – 22:00 Buses to conference hotels		