

# careif 2009

## International Conference



### Welcome

As the President of *careif 2009*, it is my pleasure to invite you to attend the *careif 2009* International Conference in London, UK, on Wednesday 11th November 2009.

This day conference is an excellent opportunity for you to join friends and delegates from around the world to enjoy, explore and promote mental and physical health, wellbeing and positive identities for young people through sport, education and cultural practice.

Together we will celebrate and share knowledge about cultural resilience, wellbeing and positive identities. Young people will participate in all aspects of the conference which will include educationalists, sports personalities and researchers, sports medicine specialists, educational psychologists, sports psychologists, teachers, practitioners in mental health care, policy makers, managers, and leaders in health promotion. It will therefore be a great opportunity both to learn from the conference speakers and to learn from each other.

We would like very much to count you among the conference participants, with your participation we can make a change for the next generation.

Professor Kamaldeep Bhui MD FRCPsych  
President of careif 2009 International Conference

### Conference Aims

- To bring together young people, researchers, practice experts, and policy makers to make and prioritise effective strategies that promote young people's safety, development, mental health and well-being
- To synthesise knowledge on the role of sport, education and cultural practice in improving citizenship, leadership, well-being and mental health
- To use this knowledge in order to foster integrated approaches to young people's health and well-being
- To discuss how to engage young people in a dialogue on how to improve their well-being, mental health, safety, and how to achieve their future aspirations
- To explore and promote a better appreciation of the role of culture, identity and citizenship as a form of positive capital for a global family of young people

### Conference Programme

- 09.30 - 10.00** **Opening Ceremony**  
Welcome, the careif vision and work  
Cultural practice, sport and education for young people's mental health
- 10.00 - 11.00** **Plenary 1**  
Sports and the Games:  
the legacy for young people and wellbeing  
**The Rt Hon. Tessa Jowell, MP, Minister for the Olympics, Invited (awaiting confirmation)**
- 11.00 - 11.30** *Coffee*
- 11.30 - 12.30** **Parallel Sessions** (presentations from submitted abstracts)  
Cultural knowledge  
Educational innovations  
Sports impacts  
Health innovations
- 12.30 - 13.30** *Lunch*
- 13.30 - 14.00** **Plenary 2**  
Education and performance arts for the wellbeing of young people from diverse cultures  
**Professor Paul Heritage, School of English and Drama, Queen Mary University of London, UK**
- 14.00 - 14.30** **Plenary 3**  
Thinking like young people: impulsivity and regulation  
**Professor Alan Swann, Department of Psychiatry and Behavioral Sciences, Mental Sciences Institute, University of Texas, USA**
- 14.40 - 15.40** **Parallel Sessions** (presentations from submitted abstracts)  
Organising care  
NGO sector  
Integrating performance  
Performance for health and wellbeing
- 15.40 - 16.10** *Coffee*
- 16.10 - 17.00** **Closing Address**

In Association with:

The Barbican Centre



Visit London



**Sport, Education & Culture: promoting health, wellbeing and positive identity for young people**

Wednesday 11<sup>th</sup> November 2009  
Barbican Centre, London

[www.careif.ukevents.org](http://www.careif.ukevents.org)



share knowledge change lives

## Registration fees

The registration fee includes access to all scientific sessions, all conference materials, entry to the exhibition, refreshments and lunch.

Early bird standard - £210.00  
Early bird student\* - £190.00

Standard - £240.00  
Student\* - £220.00

\*Concessionary rates will apply to students. Claims will be assessed on an individual basis and any final decision regarding eligibility will be made at the discretion of the organisers.

Registration forms from delegates claiming a concessionary rate must be accompanied by a letter from the Head of Department or Supervisor, clearly stating the delegate's current position.

## How to register

To register on-line for the Conference please visit [www.careif.ukevents.org](http://www.careif.ukevents.org). Alternatively a hard copy form can be requested from the Conference Secretariat or downloaded from the Conference website.

## Payment information

- All registrations must be accompanied by full payment
- We are unable to accept online payment using American Express
- We are unable to accept payments by bank transfer
- Credit card payments (Mastercard, AMEX and Visa) are subject to an additional charge of 2.95%
- Please note that both credit and debit card payments incur an additional banking charge of 2.95% when used for online payments
- To avoid the bank charges please register using the hard copy registration form and pay by debit card or cheque
- Payment must be made in GBP £
- Cheques should be made payable to Careif International Conference
- Credit/debit card payments cannot be taken over the telephone
- Unfortunately we are unable to issue invoices for the payment of registration fees

## Confirmation of booking

Written confirmation and a receipt of payment will be sent. We strongly recommend that you do not book travel until a place is confirmed in writing. Further conference details including directional maps will be available on the conference website at least three weeks prior to the conference.

## Cancellations

In the event of delegate cancellation, the registration fee will be refunded with a £50.00 deduction, provided that written notice is received before 9<sup>th</sup> October 2009. No refunds will be given after this date, although named substitutions will be allowed. All refund payments will be made after the conference has taken place.

## Call for abstracts

The Scientific Committee invite delegates to submit abstracts for parallel paper session or a poster. Authors will be advised in writing of the outcome of their abstract submission by mid July. Please read the instructions for Preparation of Abstracts carefully before submitting your abstract.

Abstracts must be submitted using the Abstract Template. This will be e-mailed to you when you log your correspondence details with the abstract submission system. To submit an abstract, the author should:

- Visit [www.careif.ukevents.org/abstracts.htm](http://www.careif.ukevents.org/abstracts.htm)
- Follow the instructions provided for 'First Time Users' to log your email address, correspondence details and to create your own password.
- Once you have submitted your details, you will receive an automatic email confirming your password. You will receive guidance notes for the preparation of abstracts, and the official Microsoft Word abstract template. These can also be downloaded from the on-line system at any time.

## Writing an abstract

- The maximum number of words is 200 including references.
- Do not add tables or graphics to your abstract.
- Do not alter the size of the template. Abstracts are checked for size and rejected if too long.
- Abstracts may be reduced in size for printing, so all lettering/symbols/lines should be clear and distinct.
- Abstracts should be typed single-spaced in the following font: 10 point Times New Roman.
- Abstracts must be submitted in English.

## Abstract content

Abstracts should refer to completed work or complete stages of work that can be fully reported, and not work to be undertaken or work in progress without evaluative information.

Abstracts should be structured and include the following:

- Title: e.g. Does Tai Chi improve young people's educational performance?
- Background
- Aims and Objectives
- Methods and Processes
- Results
- Conclusions

Do not use any abbreviations in the abstract title.

Use standard abbreviations only and place any unusual abbreviation in parenthesis after the full word the first time it appears.

We anticipate publishing all accepted abstracts in International Journal of Culture and Mental Health.

## ABSTRACT SUBMISSION DEADLINE - 15<sup>th</sup> May 2009

All presenters must register for the conference.

If you have any queries regarding submitting an abstract please contact the Secretariat: tel: +44 (0) 20 8979 8300 or email [careif@hmconline.co.uk](mailto:careif@hmconline.co.uk)

To register and to find out more visit the conference website at [www.careif.ukevents.org](http://www.careif.ukevents.org)

or contact the Conference Secretariat at:  
Hampton Medical Conferences Ltd,  
113 - 119 High Street,  
Hampton Hill,  
Middlesex,  
TW12 1NJ, United Kingdom.  
Tel: +44 (0)20 979 8300  
Fax: +44 (0)20 979 6700  
Email: [careif@hmconline.co.uk](mailto:careif@hmconline.co.uk)

## LEGAL NOTICES - Disclaimer & Privacy Statement

All best endeavours will be made to present the programme as printed. However, the Conference Secretariat reserve the right to alter or cancel, without prior notice, any of the arrangements, timetables or plans relating directly or indirectly to the conference or exhibition, for any cause beyond their reasonable control. The Meeting Secretariat is not liable for any loss or inconvenience caused as a result of such alterations. Participants are advised to take out their own travel insurance and to extend their personal policy to cover personal possessions: the conference does not cover individuals against cancellations of bookings or theft of belongings.

In the event that the meeting is cancelled by the organisers, or cannot take place for any reason outside the control of the organisers, the registration fee shall be refunded in full. The liability of the organisers shall be limited to that refund and the organisers shall not be liable for any other loss, cost or expense, howsoever caused, incurred or arising.

The Secretariat will hold and process your personal details on our database. This information is necessary for the legitimate management of this meeting, which may include it being available to any organising/sponsoring company. We may also use these details to provide you with information of other conferences or events. Please advise us should any of your details change. You may of course remove your details from our database by advising us in writing, at any time.