

Sport in Post-Disaster Intervention

First International Seminar

4-9 November 2007

Rheinsberg, Germany

This event is held under the leadership of the International Council of Sport Science and Physical Education in co-operation with Kennesaw State University and the German Ministry of the Interior.



When relief arrives after a natural or man-made disaster, sport and physical activity can have an important function in assisting victims to cope with physical and emotional trauma - it relieves the affected local community and supports the aid teams. Physical activity is part of rehabilitation, as it assists with recovery of personal balance and supports team building in a situation where joint efforts are needed.

ICSSPE, in cooperation with other partners, will demonstrate how physical activity and sport can become an integral part of post-disaster intervention.

Physical activity and sport are acknowledged as contributing to improved quality of life. Both are internationally recognised as part of development aid. Public and private organisations world-wide support populations in need through many sporting initiatives.



(c) Afghan Youth Sports Exchange

Who should attend?

Anyone who already has experience in disaster relief teams or is planning to work in disaster management and relief.

What can you expect?

The seminar will show how to use sport and physical activity in emergency and disaster relief efforts to rebuild fractured communities. It will include expert presentations and discussions as well as practical applications. Participants will gain practical experience in preparing for an assignment in a disaster region.

How will participants benefit?

The seminar has been developed in close collaboration with international disaster management organisations, which will give participants an extremely relevant and up to date experience.

The seminar will be held in English.

Programme

Sunday Nov 4

Opening
Teambuilding
Dinner

Monday Nov 5

Disasters, emergency relief and reconstruction
Anatomy and types of disaster
Impact on people, emergency relief & development / reconstruction sector
Working as disaster relief responders

Definition of sport and setting the context
Key working areas of physical activity: Physical aspects (sports medicine, health-enhancing physical activities), psychological and social aspects
Icebreaker games, team sports

Sport for persons with a disability
Rehabilitation through sport eg. goal ball, sitting volleyball, wheelchair basketball

Tuesday Nov 6

Psychology as part of emergency relief
Survivors' response to disasters, behavioural impact and reactions
Stress in disaster relief responders
Impact of stress and strategies to minimise
Trauma, sport and physical activity
Intervention methods
Team debriefing
Psycho-motor therapy

Wednesday Nov 7

Introduction to Yoga

Sport and adapted physical activity programmes in disaster relief areas
Suitable sports and physical education
Strategies for implementation of programmes

Didactics
Safety
Sport and Reconstruction - examples of good practice

Social work
From survivors to surviving communities
Case management
Integration
Teambuilding

Activities
Games focussing on restoration of community activities

Thursday Nov 8

Inclusive approach: Physical activities, games, disabilities and individual challenges

Cultural dimensions and their impact on sports
Self-reflection
Team-reflection
Sensitisation for differences
Sports and cultural awareness

Developing activities without equipment
Exercises / games to strengthen well-being

Friday Nov 9

Team presentation
Long-term reconstruction
Restoration of sport infrastructure
Coaching community coaches
Information on contact data

Summary, Discussion, Evaluation
Closing
Distribution of Certificates
Departure

Participation

For further information and for registration, please visit the ICSSPE website www.icsspe.org or contact us at

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Venue

Haus Rheinsberg
Hotel am See
Donnersmarckweg 1
16831 Rheinsberg
Germany
www.hausrheinsberg.de

Cost of participation, including the seminar fee, accommodation and meals, will be 400,- EUR. A reduced rate of 350,- EUR is offered to students.

There will be a shuttle bus on Sunday from Berlin to Rheinsberg, returning to Berlin on Friday.



Bundesministerium
des Innern



Sport in Post-Disaster Intervention

First International Seminar – 4 - 9 November 2007 - Rheinsberg/Berlin

Ms. ☐ Mr. ☐

Title:

Surname

Occupation

Organisation / Institution

Street/P.O. Box

Zip-Code

City

Country

Phone

Fax

Email

Internet

Cost of participation including transfer Berlin - Rheinsberg - Berlin, accommodation and meals.

☐ full price : EURO 400,-

☐ reduced rate (students): EURO 350,-

bank transfer only in EUR

account no: 2466880001

bank code: 100 200 00

IBAN: DE41 1002 0000 2466880001

SWIFT-Code (BIC): BEBEDEBB

Bank: Berliner Bank AG, Schlossstr. 114, 12163 Berlin, Germany

credit card only in EUR

☐ Visa

☐ MasterCard

Expiry Date _____

Credit Card No. _____

Security No. _____

(last 3 or 4 digits on the signature level)

Name of Credit Card Holder _____

Signature _____ Amount _____ EUR

Registration Deadline is September 14, 2007.

I hereby confirm my registration for the above mentioned symposium.

Date/Signature

Please return by fax to: +49 30 805 63 86