

Call for Papers



Journal of Physical Activity and Health

Human Kinetics is pleased to announce the January 2004 launch of a new journal focused on the relationship between physical activity and health. The *Journal of Physical Activity and Health (JPAH)* will publish original research and review papers examining the relationship between physical activity and health, studying physical activity as an exposure (how physical activity influences all aspects of health) as well as an outcome (the behavioral, community, and environmental interventions that may affect physical activity on an individual and/or population basis). *JPAH* will be an interdisciplinary journal published for researchers in fields of chronic disease (e.g., cancer, heart disease, mental health, weight control, neurologic deficits, etc.) where physical activity may play a role in prevention, treatment, or rehabilitation. *JPAH* also will devote attention to original research on issues related to physical activity assessment and measurement, surveillance, community interventions, and health outcomes.

Co-Editors of the *Journal of Physical Activity and Health* will be **Steven N. Blair**, president and chief executive officer of The Cooper Institute and a past president of the American College of Sports Medicine, and **James R. Morrow, Jr.**, professor of research and measurement in the department of kinesiology, health promotion, and recreation at the University of North Texas in Denton, and a past editor-in-chief of the journal *Research Quarterly for Exercise and Sport*.

Submissions guidelines can be found at:

<http://www.humankinetics.com/products/journals/submissions.cfm?jid=JPAH>

Or contact:

Journal of Physical Activity and Health,
12330 Preston Road
Dallas, Texas 75230

Or e-mail:

jpah@cooperinst.org.

Journal of Physical Activity and Health

Steven N. Blair and James R. Morrow, Jr., Co-Editors
Submission Guidelines

The *Journal of Physical Activity and Health (JPAH)* publishes original research and review papers examining the relationship between physical activity and health, studying physical activity as an exposure as well as an outcome. As an exposure, the journal publishes articles examining how physical activity influences all aspects of health. As an outcome, the journal invites papers that examine the behavioral, community, and environmental interventions that may affect physical activity on an individual and/or population basis. The *JPAH* is an interdisciplinary journal published for researchers in fields of chronic disease (e.g., cancer, heart disease, mental health, weight control, neurologic deficits, etc.) where physical activity may play a role in prevention, treatment, or rehabilitation.

Manuscripts should present hypothesis-driven or descriptive studies, the results of which are considered novel and important. Manuscripts generally should not exceed 25 pages inclusive of all pages (approximately 5,000 words), should not include more than 10 tables/graphics, and with the exceptions contained within these guidelines, should follow the Uniform Requirements for Manuscripts Submitted to Biomedical Journals (visit <http://www.icmje.org/index.html> for more detail).

Submissions must include a cover letter stating that the manuscript has not been published in another journal (except in abstract form), is not presently under consideration by another journal, and will not be submitted to another journal before a final editorial decision from *JPAH* is rendered. The author must provide a statement regarding any financial interest in the research.

Manuscripts should be electronically submitted to www.humankinetics.com/JORS/ in MicroSoft Word® or rich text format (.rtf). Graphics should be submitted in .tif or .jpg formats. Authors may be asked to provide Human Kinetics with photo-ready graphics and/or hard copy of the text. Authors are advised to very carefully check the typing of the final copy, particularly the accuracy of references, and to retain a duplicate copy to guard against loss. Final review of the pre-published text is the responsibility of the authors. Authors of manuscripts accepted for publication must transfer copyright to Human Kinetics.

The manuscript must include a title page that provides full names of all authors, institutional affiliations of all authors, a brief running head, 3 to 5 key words not used in the title of the manuscript, and date of manuscript submission. The corresponding author must provide full mailing address, phone and fax numbers, and email address. The order of submission must be **1) Title page, 2) Abstract, 3) Text, 4) Acknowledgments, 5) References, 6) Tables, 7) Figure Captions, and 8) Figures.**

All manuscripts must have a structured abstract of no more than 300 words that includes **1) Background, 2) Methods, 3) Results, and 4) Conclusions.** The entire manuscript must be double-spaced, including the abstract, references, and tables. Line numbers must appear on each page in the left margin. Separate word counts for the abstract and the body of the text should be provided on the title page. A brief running head and page numbers are to be included on the upper right corner of each page. Graphics should be prepared with clean, crisp lines, and be camera-ready. Stripe patterns or solids (black and white) are better choices for shading. Graphics created on standard computer programs will be accepted. Each figure and photo must be properly identified. A hard copy may be requested. If photos are used, they should be black and white, clear, and show good contrast.

For studies involving human subjects, the Methods section must include a statement regarding institutional approval of the protocol and obtaining informed consent. For studies using animals, the Methods section must include a statement regarding institutional approval and compliance with governmental policies and regulations regarding animal welfare.

For reference lists, authors should follow the guidelines found in the *American Medical Association Manual of Style: A Guide for Authors and Editors*, 9th edition).

Examples of Reference Style:

Journal Articles: Surname of first author, initials, then surname and initials of each coauthor; title of article (capitalize only the first word and proper nouns), name of the journal (italicized and abbreviated according to style of Index Medicus), year, volume, and inclusive page numbers:

Melby CL, Osterberg K, Resch A, Davy B, Johnson S, Davy K. Effect of carbohydrate ingestion during exercise on post-exercise substrate oxidation and energy intake. *Int J Sport Nutr Exerc Metab.* 2002;12:294-309.

Book References: Author(s) as above, title of book (italicized and all major words capitalized), city and state/province of publication, publisher, and year.

Pearl AJ. *The Female Athlete*. Champaign, Ill: Human Kinetics; 1993.

Chapter in an Edited Book. Same as book references, but add the name of the chapter author(s) and title of chapter (capitalize first word and proper nouns) before the book information and the page range at the end:

Perrin DH. The evaluation process in rehabilitation. In: Prentice WE, ed. *Rehabilitation Techniques in Sports Medicine*. 2nd ed. St Louis, Mo: Mosby Year Book Inc; 1994:253-276.

Authors

The primary criteria on which manuscripts submitted to the *JPAH* are judged include the adherence to accepted scientific principles and methods, the significant or novel contribution to research in fields of chronic disease (e.g., cancer, heart disease, mental health, weight control, neurologic deficits, etc.) where physical activity may play a role, the clarity and conciseness of the writing, and interest to the readership.

Manuscripts will be reviewed by at least two reviewers, with the review process expected to take from 4 to 6 weeks. There are no page charges to contributors.