A Brief Introduction to Chinese Youth Athletes’ Preparation for & Participation in Youth Olympic Games

SUN Yuanfu
Deputy Director of Competition & Training Department of the Chinese Olympic Committee
In 2007, the 119th Session of IOC
First Summer Youth Olympic Games in Singapore in 2010
Opening a new chapter of young athletes to participate in the Olympic movement:
  * More educational elements
  * More new ideas & concepts
  * A right attitude towards life & better life style
  * More useful skills
  * Fair play & anti-doping
The Olympic Games and the Youth Olympic Games are important parts of China's Olympic Glorious Program.

- Two times participated in Summer Youth Olympic Games & Winter Youth Olympic Games
- Successfully hosted the 2014 Nanjing Youth Olympic Games
I. Classification management of events
II. Management system of preparing of the games
III. Well developed organizations & plans
IV. Study on Physical training
V. A compound training management team
VI. Innovation on training & management
VII. More technology services & Resolutely Anti-Doping
VIII. More ideological educations
IX. Step-by-step planning for participation
X. Participate as a WHOLE delegation
I. Lack of competition experience
II. Thinking too much about the results
III. Small omissions in preparing
IV. Less state adjustment
A precious platform & opportunity of

- Exchanges & communications
- Educations & cultures
- Skills & talents
- TEAM works
Conclusions

- Exercise a lot
- Learn a lot
- Experience a lot
- Benefit a lot
谢谢！
Thanks!
Danke!