

A Brief Introduction to Chinese Youth Athletes' Preparation for & Participation in Youth Olympic Games

SUN Yuanfu

Deputy Director of Competition & Training Department
of the Chinese Olympic Committee



Summary



- In 2007, the 119th Session of IOC
- First Summer Youth Olympic Games in Singapore in 2010
- Opening a new chapter of young athletes to participate in the Olympic movement:
 - * More educational elements
 - * More new ideas & concepts
 - * A right attitude towards life & better life style
 - * More useful skills
 - * Fair play & anti-doping



Summary



- The Olympic Games and the Youth Olympic Games are important parts of China's Olympic Glorious Program
- * Two times participated in Summer Youth Olympic Games & Winter Youth Olympic Games
- * Successfully hosted the 2014 Nanjing Youth Olympic Games



The Main Practices



- * I. Classification management of events
- * II. Management system of preparing of the games
- * III. Well developed organizations & plans
- * IV. Study on Physical training
- * V. A compound training management team
- * VI. Innovation on training & management
- * VII. More technology services & Resolutely Anti-Doping
- * VIII. More ideological educations
- * IX. Step-by-step planning for participation
- * X. Participate as a WHOLE delegation



Insufficients



- * I. Lack of competition experience
- * II. Thinking too much about the results
- * III. Small omissions in preparing
- * IV. Less state adjustment



Achievements



- A precious platform & opportunity of
 - * Exchanges & communications
 - * Educations & cultures
 - * Skills & talents
 - * TEAM works



Conclusions



- * Exercise a lot
- * Learn a lot
- * Experience a lot
- * Benefit a lot



THE END



*谢谢！

*Thanks!

*Danke!